IDEA Committee





INCLUSION, DIVERSITY, EQUITY AND ACCESS



The IDEA committee is hosting a graduate school information panel for undergraduate psychology majors on March 27th, 5:00-6:30pm in Old Main 1220.

MSU's annual <u>International</u>
<u>Fiesta</u> will be on Saturday, April
13th! Come enjoy cuisines from
around the world!

March 2024

Have an upcoming event or want to give a shout out to someone for an accomplishment? Please email us and we can add it to our next newsletter!

Email: hld166@msstate.edu

IDEA Spotlight

IDEA Committee launches new mentorship program for undergraduate students

Dr. Julia Soares led the new initiative in the department to offer a mentorship program to prepare undergraduate students for graduate school application processes. Graduate students volunteered as mentors and worked 1-on-1 with undergraduate students on all things graduate school - types of programs to apply to, the application process, writing personal statements, making CV's, interviewing for programs, and more!

This program also resulted in a document that will be posted on the psychology department website that undergraduate students can access for free to provide guidance on the gradute admissions process.

This program was funded by a grant from MSU's Office of Inclusive Excellence.



About Julia

Julia is an Assistant Professor in the Cognitive Science Program. Her research interests focus on memory in the digital age, with particular interest paid to improving learning with digital technology and examining the effects of photo-taking and social media use on autobiographical memory.



Some testimonials from the students who completed the mentorship program

"It was very helpful, my schedule made it hard to meet my mentor. However, she gave me lots of information with the time we did have." – Mentee

"Overall, great program! Thank you for doing it!" – Mentor

"I really enjoyed this mentorship experience, and feel I learned more about the process throughout this semester." – Mentor

"I thought this was a fun and rewarding program to be a part of. I appreciated getting to hear other mentors' and faculty members' ideas on how to mentor better so that this could be a professional development experience for mentors as much as it is an opportunity to participate in academic service. Thank you!" –Mentor

Diversity, Equity, & Inclusion Observances

March 2024—Women's History Month

- · March 8 International Woman's Day
- · March 17 St. Patrick's Day
- · March 21 World Down Syndrome Day
- · March 31 International Transgender Day of Visibility



April 2024—Autism Awareness Month

- · April 2—World Autism Awareness Day
- · April 14—National Day of Silence (LGBTQ+)
- · April 22—Earth Day
- · April 22-28 Lesbian Visibility Week



May 2024—Asian Pacific American Heritage Month

- · May 5-Cinco de Mayo
- · May 17—International Day Against Homophobia, Transphobia, and Biphobia
- · May 26 Buddha's Birthday
- · May 27—Memorial Day



- · June 9-Race Unity Day
- · June 19-Juneteenth
- · June 20—World Refugee Day
- · June 20-Summer Solstice

