

**BEN PORTER**  
**ASSISTANT PROFESSOR**  
**CURRICULUM VITAE**

**PERSONAL DATA**

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Telephone: 662-325-1769  
Email: bwp125@msstate.edu

**EDUCATION**

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2013	Ph.D. Social Psychology Minor in Psychological Statistics and Data Analysis University of Houston Houston, TX
2010	M.A. Psychology University of Houston Houston, TX
2008	B.S. Psychology University of Georgia Athens, GA

**Positions Held**

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2021-present	Assistant Professor, Department of Psychology, Mississippi State University, Mississippi State, MS
2019-2021	Assistant Research Professor, Social Science Research Center, Mississippi State University, Mississippi State, MS
2015-2021	Head of Veterans' Health Research Area for the Millennium Cohort Study, Henry M. Jackson Foundation/Leidos, Naval Health Research Center, San Diego, CA
2013-2021	Biostatistician, Henry M. Jackson Foundation/Leidos, Naval Health Research Center, San Diego, CA
2018	Lecturer, Department of Psychology, University of Texas at San Antonio, San Antonio, TX
2012-2013	Research Assistant, Texas Institute for Measurement, Evaluation, and Statistics, University of Houston, Houston, TX
2010-2012	Data Analyst, Houston Center for Quality of Care and Utilization Studies, Baylor College of Medicine, Houston, TX

2010-2012 Graduate Teaching Fellow, Department of Psychology, University of Houston, Houston, TX

2008-2010 Graduate Teaching Assistant, Department of Psychology, University of Houston, Houston, TX

### **Ongoing Funding**

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#### *Motivational Interviewing to Enhance Behavioral Change in Older Adults with Hoarding Disorder*

R15 MH127565-01A1 4/1/2022–3/31/2026  
\$427,415 (Total Costs)  
Funding Source: NIMH  
Principal Investigator: Mary E. Dozier  
Role: Co-I

### **Pending External Funding**

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#### *An Experimental Approach to Emotion Regulation: Testing a Personalized Exercise Bout for Decreasing Negative Affect*

\$2,715,004 April 1, 2026 – March 31, 2031  
Funding Source: NIMH (R01)  
Principal Investigator: Hilary L. DeShong  
Role: Co-I  
Status: Under Review

#### *Applying the Theory of Planned Behavior to Reduce Hoarding Symptoms in the United States*

\$386,975 April 1, 2026 – March 31, 2028  
Funding Source: NIMH (R21)  
Principal Investigator: Ben Porter  
Role: PI  
Status: Under Review

#### *Development of an Early Intervention for Hoarding Disorder*

\$136,110 May 1, 2026 – April 30, 2029  
Funding Source: NIMH (R21)  
Principal Investigator: Jarrod Williams  
Role: Co-Sponsor  
Status: Under Review

#### *Helping Older Adults Reclaim a Healthy Living Situation: Development and Testing of a Brief Intervention for Late Life Hoarding*

\$1,121,617 October 1, 2025 – September 30, 2028  
Funding Source: ACL (Elder Justice Innovation Grants)  
Principal Investigator: Mary E. Dozier  
Role: Co-I  
Status: Under Review

## Previous External Funding

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### *A Randomized Controlled Trial of Tailored Online Self-Help to Target Psychological Inflexibility in Hoarding*

\$521,092. 7/1/2025 (PI Declined)  
Funding Source: NIMH (R15)  
Principal Investigator: Jennifer Krafft  
Role: Co-I  
Status: PI Declined Funding (Impact Score: 23; Percentile: 6)

### *An Experimental Approach to Emotion Regulation: Investigation Rumination, Cognitive Control, and Maladaptive Behaviors*

R15MH122937 4/1/2021-3/31/2025  
\$299,020 (Direct Costs)  
Funding Source: NIMH  
Principal Investigator: Hilary DeShong  
Role: Co-I

### *SSRC Analytic Contract with Mississippi Office of Highway Safety*

TR-2020-TR-40-11	\$31,006	7/1/2020–9/30/2020
TR-2021-TR-40-11	\$63,938	10/1/2020–9/30/2021
TR-2022-TR-40-11	\$87,087	10/1/2021–9/30/2022

Combined amount: \$182,031 (Total Costs)  
Funding Source: Mississippi Office of Highway Safety  
Principal Investigator: Ben Porter  
Role: PI

### *RAPID: Analyses of Emotions Expressed in Social Media and Forums During the COVID-19 Pandemic*

NSF #2031246 7/1/2020– 6/31/2022  
Amount: \$161,558 (Direct Costs)  
Funding Source: National Science Foundation  
Principal Investigator: Megan Stubbs-Richardson  
Role: Co-PI

### *Risk Factors and Comorbidities of Eating Disorders in a Large Military Cohort*

PR#190177 5/1/2020– 4/30/2025  
Amount: \$1,348,521 (Total Costs)  
Funding Source: Department of Defense (CDMRP)  
Principal Investigator: Shira Maguen  
Role: Co-I (5/1/2020 – 1/15/2021)

### *Determinants of HPV Vaccine Initiation and Adherence among Active Duty Servicemen*

IHBISP #19 009 1/1/2018 – 9/30/2019  
Amount: \$90,000 (Direct costs)  
Funding Source: Department of Defense (DHA–IHB)

Principal Investigator: CDR Natalie Wells  
Role: Co-I

*Cervical Cancer Screening Patterns and Follow-up Care in an Active Duty Military Population*

IHBISP #17 03 6/1/2017 – 9/30/2019  
Amount: \$ 179,840 (Direct costs)  
Funding Source: Department of Defense (DHA–IHB)  
Principal Investigator: CDR Natalie Wells  
Role: Co-I

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**Previous Internal Funding**

*Examining Mental Health Stigma Among ROTC Cadets*

ORED Undergraduate Research Program 6/1/2023 – 8/15/2024  
Amount: \$ 2,000  
Funding Source: Mississippi State University  
Principal Investigator: Ben Porter  
Role: PI

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**Peer Reviewed Publications**

\*indicates master's level analyst; †indicates graduate student; ‡indicates undergraduate student

1. Williams, J.†, **Porter, B.**, & Dozier, M. E., (In Press). Neighborhood Experience and Hoarding Disorder. *Journal of Affective Disorders*.  
<https://doi.org/10.1016/j.jad.2025.119550>
2. **Porter, B.**, Olson, E. A.†, & Merideth, K.† (In press). Contextual predictors of belongingness in military and veteran students on university campuses. *Journal of American College Health*. <https://doi.org/10.1080/07448481.2025.2455652>
3. Dean, M. C.† & **Porter, B.** (In Press). Sentiment analysis of Russian-language social media posts discussing the 2022 Russian invasion of Ukraine. *Armed Forces & Society*. <https://doi.org/10.1177/0095327X241235987>
4. Metraux, S., Kolaja, C.\* , Crone, B., Thomas, B., Rull, R. P., & **Porter, B.** (In Press). Risk Factors for Homelessness among Post-9/11 Era Veterans. *Armed Forces & Society*. <https://doi.org/10.1177/0095327X241259080>
5. DeShong, H., Mason, C.†, **Porter, B.**, Kelley, K.†, Sweatt, S., Lynam, D., Miller, J., Widiger, T. (2025). Development and Validation of the Five Factor Borderline Inventory - Super Short Form and Screener. *Assessment*, 32, 488-500.  
<https://doi.org/10.1177/10731911241256439>
6. Labakula, V.†, **Porter, B.**, Stubbs-Richardson, M., Ray, T.†, Cosby, A., & Bethel, C. (2025). A structural equation modeling approach to leveraging the power of extant sentiment analysis tools. *Journal of Computational Social Science*, 8, 3.  
<https://doi.org/10.1007/s42001-024-00334-y>

7. **Porter, B.** (2024). On the utility of using the All of Us as a resource to study military service members and veterans. *Journal of the American Medical Informatics Association*, 31, 2958-2961. <https://doi.org/10.1093/jamia/ocae153>
8. Nix, C.<sup>†</sup>, Dozier, M. E., **Porter, B.**, & Ayers, C. R. (2024). Clinician sentiments relating to the implementation of evidence-based treatment for hoarding in older adults. *Journal of Psychopathology and Behavioral Assessment* 46, 683-694. <https://doi.org/10.1007/s10862-024-10140-5>
9. **Porter, B.**, Dozier, M. E., Seelig, A. D., Zhu, Y.\* , Patoilo, M. S.<sup>†</sup>, Boyko, E. J., & Rull, R. P. (2024). Posttraumatic stress disorder, Veteran Health Administration use, and care seeking among post 9/11 US veterans. *Journal of Traumatic Stress* 37, 460-470. <https://doi.org/10.1002/jts.23019>
10. Dozier, M. E., **Porter, B.**, Shivley, J. M., & Telle, M. R. (2023). Increased animal ownership in the home is correlated with worse health outcomes based on healthcare indicators investigated in canines and felines in rural Mississippi. *Journal of the American Veterinary Medical Association* 261, 1-6. <https://doi.org/10.2460/javma.22.12.0589>
11. **Porter, B.**, Carey, F. R., Roenfeldt, K. A.\* , Rull, R. P., & Castro, C. A. (2022). A temporal analysis of mental health symptoms relative to separation from the military. *Depression and Anxiety*, 39, 334-343. <https://doi.org/10.1002/da.23246>
12. Seay, J., Matsuno, R., **Porter, B.**, Tannenbaum, K., Warner, S.\* , & Wells, N. (2022). Cervical cancer screening compliance among active duty service members. *Preventive Medicine Reports*, 26, 101746. <https://doi.org/10.1016/j.pmedr.2022.101746>
13. Ackerman, A. & **Porter, B.** (2022). The effects of combat exposure on financial problems. *International Review of Economics and Finance*, 79, 241-257. <https://doi.org/10.1016/j.iref.2022.02.042>
14. Seay, J., Matsuno, R., **Porter, B.**, Tennenbaum, K., Warner, S.\* , & Wells, N. (2022). Factors associated with Human Papillomavirus vaccine initiation and compliance among US military service members. *Military Medicine*. <https://doi.org/10.1093/milmed/usab562>
15. Belding, J. N., Castañeda, S. F., Jacobson, I. G., LeardMann, C. A., **Porter, B.**, Powell, T. M., Kolaja, C. A.\* , Seelig, A. D., Matsuno, R. K., Carey, F. R., Rivera, A. C., Trone, D. W., Sheppard, B., Walstrom, J., Boyko, E. J., & Rull, R. P. (2022). The Millennium Cohort Study: The first 20 years of research dedicated to understanding the long-term health of US service members and veterans. *Annals of Epidemiology*, 67, 67-72. <https://doi.org/10.1016/j.annepidem.2021.12.002>

16. Dursa, E. K., Cao, G., **Porter, B.**, Culpepper, W. J., & Schneiderman, A. I. (2021). The health of Gulf War and Gulf era veterans over time: U.S. Department of Veterans Affairs' Gulf War Longitudinal Study. *Journal of Occupational and Environmental Medicine*, 63, 889-894.  
<https://doi.org/10.1097/JOM.0000000000002331>
17. Jacobson, I. G., Adler, A. B., Roenfeldt, K. A.\*, **Porter, B.**, LeardMann, C. A., Rull, R. P., & Hoge, C. W. (2021). Combat experience, new-onset mental health conditions, and posttraumatic growth in U.S. service members. *Psychiatry: Interpersonal and Biological Processes*, 84, 276-290.  
<https://doi.org/10.1080/00332747.2021.1929770>
18. Bolstad, C. J.<sup>†</sup>, **Porter, B.**, Brown, C. J., Kennedy, R. E., & Nadorff, M. R. (2021). The relation between pet ownership, anxiety, and depressive symptoms in late life: Propensity score matched analyses. *Anthrozoös*, 34, 671-684.  
<https://doi.org/10.1080/08927936.2021.1926707>
19. Thomas, C. L., Nieh, C., Hooper, T. I., Gackstetter, G. D., LeardMann, C. L., **Porter, B.**, & Blazer, D.G. (2021). Sexual harassment, sexual assault, and physical activity among U.S. military service members in the Millennium Cohort Study. *Journal of Interpersonal Violence*, 36, 7043-7066.  
<https://doi.org/10.1177%2F0886260519832904>
20. Stubbs-Richardson, M., Sinclair, H. C., **Porter, B.**, & Utley, J. W.<sup>†</sup> (2021). When does rejection trigger aggression? A test of the Multimotive model. *Frontiers in Psychology*, 12, 2473. <https://doi.org/10.3389/fpsyg.2021.660973>
21. LeardMann, C. A., McMaster, H. S., Warner, S.\*, Esquivel, A. P.\*, **Porter, B.**, Powell, T. M., Tu, X. M., Lee, W. W., Rull, R. P., & Hoge, C. W. (2021). Comparison of posttraumatic stress disorder checklist instruments From *Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition* vs *Fifth Edition* in a large cohort of US military service members and veterans. *JAMA Network Open*, 4, e218072.  
<https://doi.org/10.1001/jamanetworkopen.2021.8072>
22. Kolaja, C. A.\*, **Porter, B.**, Powell, T. M., & Rull, R. P. (2021). Multiple imputation validation study: Addressing unmeasured survey data in a longitudinal design. *BMC Medical Research Methodology*, 21, 5.  
<https://doi.org/10.1186/s12874-020-01158-w>
23. Dozier, M. E. & **Porter, B.** (2020). Prevalence of probable hoarding and associated consequences at the scene of Mississippi fires, 2009-2019. *Journal of Public Health in the Deep South*, 1, 59-62. <https://doi.org/10.55533/2996-6833.1010>
24. **Porter, B.**, Kolaja, C. A.\*, Powell, T. M., Pflieger, J. C., Stander, V. A., & Armenta, R. A. (2020). Reducing the length of the Multidimensional Scale of

- Perceived Social Support. *European Journal of Psychological Assessment*, 36, 829-838. <https://doi.org/10.1027/1015-5759/a000553>
25. Ackerman, A., **Porter, B.**, & Sullivan, R. (2020). The effect of combat exposure on veteran homelessness. *Journal of Housing Economics*, 49, 101711. <https://doi.org/10.1016/j.jhe.2020.101711>
26. **Porter, B.**, Rodriguez, L. M., Woodall, K. A.\*, Pflieger, J. C., & Stander, V.A. (2020). Alcohol misuse and separation from the military: A dyadic perspective. *Addictive Behaviors*, 110, 106512. <https://doi.org/10.1016/j.addbeh.2020.106512>
27. Pflieger, J. C., **Porter, B.**, Carballo, C. E.\*, Stander, V. A., & Corry, N. H. (2020). Patterns of strengths among U.S. military couples. *Journal of Child and Family Studies*, 29, 1249-1263. <https://doi.org/10.1007/s10826-019-01593-4>
28. **Porter, B.**, Long, K.\*, Rull, R. P., & Dursa, E. K. (2020). Prevalence of chronic multisymptom illness/Gulf War illness among Millennium Cohort participants, 2001-2016. *Journal of Occupational and Environmental Medicine*, 62, 4-10. <https://doi.org/10.1097/JOM.0000000000001716>  
a. Selected for inclusion in the 2020 American College of Occupational and Environmental Medicine CME exam
29. Armenta, R. F., Walter, K. H., Geronimo, T. R.\*, **Porter, B.**, Stander, V. A., & LeardMann, C. A. (2019). Longitudinal trajectories of PTSD and depression among active duty service members and veterans. *BMC Psychiatry*, 19, 396. <https://doi.org/10.1186/s12888-019-2375-1>
30. Bookwalter, D. B., **Porter, B.**, Jacobson, I. G., Kong, S. Y., Littman, A. J., Rull, R. P., & Boyko, E. J. (2019). Healthy behaviors and incidence of overweight and obesity in military veterans. *Annals of Epidemiology*, 37, 26-32. <https://doi.org/10.1016/j.annepidem.2019.09.001>
31. **Porter, B.**, Bonanno, G. A., Bliese, P. D., Phillips, C. J., & Proctor, S. P. (2019). Combat and trajectories of physical health functioning in U.S. service members. *American Journal of Preventive Medicine*, 57, 637-644. <https://doi.org/10.1016/j.amepre.2019.06.015>
32. Dursa, E. K., Barth, S. K.<sup>†</sup>, **Porter, B.**, Schneiderman, A. I. (2019). Health status of female and male Gulf War and Gulf Era veterans: a population-based study. *Women's Health Issues*, 29, S39-S46. <https://doi.org/10.1016/j.whi.2019.04.003>
33. **Porter, B.**, Øverup, C. S., Brunson, J. A., & Mehta, P. D. (2019). Meta-accuracy and perceived reciprocity from the Perception-Meta-Perception Social Relations Model. *Social Psychology*, 50, 24-37. <https://doi.org/10.1027/1864-9335/a000356>

34. Dursa, E. K., Barth, S. K.<sup>†</sup>, **Porter, B.**, & Schneiderman, A. I. (2018). Gulf War Illness in the 1991 Gulf War and Gulf Era Veteran Population: an application of the Centers for Disease Control and Prevention and Kansas case definitions to historical data. *Journal of Military and Veterans' Health*, 26, 43-50.  
<https://jmvh.org/wp-content/uploads/2018/05/Dursa-Original-Article.pdf>
35. **Porter, B.**, Hoge, C. W., Tobin, L.<sup>\*</sup>, Donoho, C. J., Castro, C. A., Luxton, D. D., & Faix, D. (2018). Measuring aggregated and specific combat exposures: Associations between combat exposure measures and posttraumatic stress disorder, depression and alcohol-related problems. *Journal of Traumatic Stress*, 31, 296–306. <https://doi.org/10.1002/jts.22273>
36. **Porter, B.**, Long, K.<sup>\*</sup>, Rull, R. P. & Dursa, E. K. (2018). Health Status of Gulf War and era veterans serving in the military in 2000. *Journal of Occupational and Environmental Medicine*, 60, e261-e267.  
<https://doi.org/10.1097/JOM.0000000000001280>
37. Donoho, C. J., Bonanno, G. A., **Porter, B.**, Kearney, L.<sup>\*</sup>, & Powell, T. M. (2017). A decade of war: Prospective trajectories of post-traumatic stress disorder symptoms among deployed US military personnel and the influence of combat exposure. *American Journal of Epidemiology*, 186, 1310-1318.  
<https://doi.org/10.1093/aje/kwx318>
  - a. Donoho, C. J., Bonanno, G. A., **Porter, B.**, & Powell, T. M. (2018). Four authors reply. *American Journal of Epidemiology*, 187, 1574-1575.
38. Kaur, N.<sup>\*</sup>, **Porter, B.**, LeardMann, C. A., Tobin, L. E.<sup>\*</sup>, Lemus, H., & Luxton, D. D. (2017). Evaluation of a modified version of the Posttraumatic Growth Inventory–Short Form. *BMC Medical Research Methodology*, 17, 69.  
<https://doi.org/10.1186/s12874-017-0344-2>
39. **Porter, B.**, Bonanno, G. A., Frasco, M. A., Dursa, E. K., & Boyko, E. J. (2017). Prospective post-traumatic stress disorder symptom trajectories in active duty and separated military personnel. *Journal of Psychiatric Research*, 89, 55-64.  
<https://doi.org/10.1016/j.jpsychires.2017.01.016>
40. Mitchell, K. S., **Porter, B.**, Boyko, E. J., & Field, A. E. (2016). Longitudinal associations among posttraumatic stress disorder, disordered eating, and weight gain in military men and women. *American Journal of Epidemiology*, 184, 33-47. <https://doi.org/10.1093/aje/kwv291>
41. Dozier, M. E.<sup>†</sup>, **Porter, B.**, & Ayers, C. R. (2016). Age of onset and progression of hoarding symptoms in older adults with hoarding disorder. *Aging & Mental Health*, 20, 736-742. <https://doi.org/10.1080/13607863.2015.1033684>
42. Hadden, B. W., Rodriguez, L. R., Knee, C. R., & **Porter, B.** (2015) Relationship autonomy and support provision in romantic relationships. *Motivation and Emotion*, 37, 359-373. <https://doi.org/10.1007/s11031-014-9455-9>



43. Ayers, C. R., Castiotta, N., Dozier, M. E.<sup>†</sup>, Espejo, E. P., **Porter, B.** (2014). Behavioral and experiential avoidance in patients with hoarding disorder. *Journal of Behavior Therapy and Experimental Psychiatry*, 45, 408-414. <https://doi.org/10.1016/j.jbtep.2014.04.005>
44. Ayers, C. R., Ly, P.<sup>‡</sup>, Howard, I.<sup>‡</sup>, Mayes, T. L.<sup>†</sup>, **Porter, B.**, & Iqbal, Y.<sup>†</sup> (2014). Hoarding severity predicts disability in late-life hoarding disorder patients. *International Journal of Geriatric Psychiatry*. 29, 741-746. <https://doi.org/10.1002/gps.4057>
45. Nadorff, M. R., **Porter, B.**, Rhoades, H. M., Greisinger, A. J., Kunik, M. E., & Stanley, M. A. (2014). Bad dream frequency in older adults with generalized anxiety disorder: Prevalence, correlates, and effects of cognitive behavioral treatment for anxiety. *Behavioral Sleep Medicine*, 12, 28-40. <https://doi.org/10.1080/15402002.2012.755125>
46. Hundt, N. E., Armento, M. E. A., **Porter, B.**, Cully, J. A., Kunik, M. E., & Stanley, M. A. (2013). Predictors of treatment satisfaction among older adults with anxiety in a primary care psychology program. *Evaluation and Program Planning*, 37, 58-63. <https://doi.org/10.1016/j.evalprogplan.2013.01.003>
47. Knee, C. R., Hadden, B. W., **Porter, B.**, & Rodriguez, L. R. (2013). Self-determination theory and romantic relationship processes. *Personality and Social Psychology Review*, 17, 307-324. <https://doi.org/10.1177%2F1088868313498000>
48. Chang, E., Eddins-Folensbee, F., **Porter, B.**, & Coverdale, J. (2013). Utilization of counseling services at one medical school. *Southern Medical Journal*, 106, 449-453. <https://doi.org/10.1097/SMJ.0b013e3182a05994>
49. Robertson, S. M., Huddleston, C., **Porter, B.**, Amspoker, A. B., & Evans-Hudnall, G. L. (2013). Self-care self-efficacy, religious participation and depression as predictors of poststroke self-care among underserved ethnic minorities. *Health Psychology Research*, 1, 51-56. <https://doi.org/10.4081/hpr.2013.e13>

#### **Book Chapters and Editor-Reviewed Manuscripts**

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1. McCall, W. V., **Porter, B.**, Pate, A. R.<sup>†</sup>, Bolstad, C. J.<sup>†</sup>, Drapeau, C. W., Krystal, A. D., Benca, R. M., Rumble, M. E., & Nadorff, M. R. (2021). Examining suicide assessment measures for research use: Using item response theory to optimize psychometric assessment for research on suicidal ideation. *Suicide and Life-Threatening Behavior*, 51, 1086-1094. <https://doi.org/10.1111/sltb.12791>
2. Matsuno, R. K., **Porter, B.**, Warner, S.<sup>\*</sup>, Wells, N. (2020). Surveillance snapshot: Cervical cancer screening among U.S. military service women in the

Millennium Cohort Study, 2003–2015. *MSMR*, 27, 15.  
<https://health.mil/News/Articles/2020/07/01/Surveillance-Snapshot-2020>

3. Matsuno, R. K., **Porter, B.**, Warner, S. \*, & Wells, N. (2019). Surveillance snapshot: Human Papilloma Virus vaccination among U.S. active component service members in the Millennium Cohort Study, 2006-2017. *MSMR*, 29, 18. <https://www.health.mil/News/Articles/2019/06/01/Human-Papillomavirus-Vaccination>
4. **Porter, B.** (2018). Psychological reactions to killing. (Weiss, E. L. & Castro, C. A., Eds.) In *American Military Life in the 21<sup>st</sup> Century: Social, Cultural, Economic Issues and Trends*, 169-180.
5. Knee, C. R., **Porter, B.**, & Rodriguez, L. R. (2014). Self-Determination and Regulation of Conflict in Romantic Relationships. (Weinstein, N., Ed.). In *Integrating Human Motivation and Interpersonal Relationships: Theory, Research, and Applications*, 139-158.

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### Conference Oral Presentations

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1. Schaff, B. J. <sup>†</sup>, **Porter, B.**, Nix, C. A. <sup>†</sup>, & Dozier, M. E. (November, 2024). Presence of Risk Factors for Suicidality in Rural-Dwelling Older Adults with Hoarding Disorder. In F. Colombowala (Chair), Suicide Risk Assessment: Insights, Challenges, and Innovations [Symposium]. Gerontological Society of America Conference, Seattle, WA.
2. May, A. M., Gillotti, J., & **Porter, B.** (November, 2024). Accuracy and predictors of partner knowledge of suicidal individuals' suicide history and future risk: An investigation in a hospitalized military sample. In (Chair: D. Crasta), Learning from Risk Studies in Military and Veteran Couples: Embracing Complexity Across Levels of Care. [Symposium] Annual Meeting for the Association of Cognitive and Behavioral Therapies (ABCT), Philadelphia, PA.
3. **Porter, B.**, Olson, E. A. <sup>†</sup>, & Dean, M. C. <sup>†</sup> (March, 2024). Working with scraps: Finding and using archival data. Workshop presented at the 2024 Annual Meeting of the Southeastern Psychology Association, Orlando, FL.
4. **Porter, B.**, Olson, E. A. <sup>†</sup>, & Meredith, K. <sup>†</sup> (April, 2023). Contextual predictors of belongingness in veterans on university campuses. Session presented at 2023 Annual Meeting of the Southeastern Psychological Association, New Orleans, LA.
5. **Porter, B.**, Dean, M. C. <sup>†</sup>, Meredith, K. <sup>†</sup> (February, 2023). Scraps to treasure: Using archival data and social media data. Professional Development Session presented at 2023 SPSP Annual Convention, Atlanta, GA.

6. Patoilo, M.<sup>†</sup>, **Porter, B.**, & Berman, M. E. (October, 2022). Response effort attenuates provoked aggression in men and women. Data blitz oral presentation at 73<sup>rd</sup> Annual Convention of the Mississippi Psychological Association, Hattiesburg, MS.
  - a. 2<sup>nd</sup> prize
7. Mitchell, M. M.<sup>‡</sup> & **Porter, B.** (March, 2022). The Association between Mental Health and Preventive Regulation over COVID-19. Paper presented at 86<sup>th</sup> Annual Mississippi Academy of Science Meeting, Biloxi, MS.
8. Boyko, E. J., Banerjee, A. D.<sup>\*</sup>, Hu, E., Schneiderman, A. I., Culpepper, W. J., Dursa, E. K., Davey, V., **Porter, B.**, Carey, F. R., Matsuno, R. K., Rull, R. P. (December, 2020). Matching DoD Millennium Cohort Study participants to Department of Veterans Affairs electronic health care records and benefits data: Quantifying inpatient and outpatient diagnoses and service-connected disability ratings. Paper presented at AMSUS Annual Meeting, virtual.
9. **Porter, B.**, Castro C. A., & Rull, R. P. (August 2020: Cancelled). The impact of time until separation and discharge status on mental health. Paper accepted at Military Health System Research Symposium, Kissimmee, FL.
10. Sullivan, R., Ackerman, A., & **Porter, B.** (June 2019). The effect of combat exposure on veteran homelessness. Paper presented at Western Economic Association International Annual Conference, San Francisco, CA.
11. Pflieger, J. C., **Porter, B.**, Carballo, C.<sup>\*</sup>, Stander, V. A., & Corry, N. (November 2018). Patterns of family resilience capacity in U.S. military couples. Paper presented at National Council on Family Relations Annual Conference, San Diego, CA.
12. Armenta, R. F., Walter, K. H., Geronimo, T. R.<sup>\*</sup>, **Porter, B.**, Stander, V. A., & LeardMann, C. A. (November 2018). Longitudinal trajectories of PTSD and depression among active duty service members and veterans. Paper presented at American Public Health Association Annual Meeting and Exposition, San Diego, CA.
13. **Porter, B.**, Rodriguez, L. M., Woodall, K. A., Pflieger, J. C., & Stander, V. A. (August 2018). The effect of service member and spousal alcohol misuse on retention. Paper presented at Military Health System Research Symposium, Kissimmee, FL.
14. Bookwalter, D. B., **Porter, B.**, Jacobson, I. G., Kong, S. Y., Littman, A. J., Rull, R. P., & Boyko, E. J. (March 2017). Lifestyle factors and risk of obesity among US veterans. Paper presented at The Society for Behavioral Medicine Annual Meeting & Scientific Sessions, San Diego, CA.

15. **Porter, B.**, Rull, R. P., & Luxton, D. D. (November 2015). Prevalence of Gulf War Illness from 2001-2013 among Gulf War veterans. Paper presented at American Public Health Association Annual Meeting and Exposition, Chicago, IL.
16. Ayers, C. R., Castriotta, N., Dozier, M. E., Espejo, E. P., & **Porter, B.** (July 2015) Behavioral and experiential avoidance in patients with hoarding disorder. Presented at the International Obsessive Compulsive Foundation Annual Conference, Boston, MA.
17. **Porter, B.**, Øverup, C. S., Brunson, J. A., Wickham, R. W., & Mehta, P. (September 2014). Perceptions and metaperceptions: Application of a reciprocal social relations model. Paper presented at SRCD Special Topic Meeting: Developmental Methodology, San Diego, CA.
18. Øverup, C. S., Hadden, B. W., Brunson, J. A., **Porter, B.**, Wickham, R. W., & Mehta, P. (September 2014). Selfless 'Self-Determination Theory': A five level latent variable social relations model of need supportiveness. Paper presented at the SRCD Special Topic Meeting: Developmental Methodology, San Diego, CA.
19. Øverup, C. S., **Porter, B.**, Brunson, J. A., & Mehta, P. (July 2014). The one-sided nature of a relational construct: A social relations analysis of SDT need supportiveness. Paper presented to the European Association for Social Psychology, Amsterdam, Netherlands.
20. **Porter, B.**, Wickham, R. W., Hadden, B. W., & Knee, C. R. (July 2012). Predicting variability in relationship commitment: A new type of relational outcome. Paper presented at International Association of Relationship Researchers Conference, Chicago, IL.
21. Hadden, B. W., Smith, C. V., Canevello, A., & **Porter, B.** (July 2012). Do I care about me or us? The link between romantic relationship goals, need fulfillment, and relationship satisfaction. Paper presented at International Association of Relationship Researchers Conference, Chicago, IL.
22. Smith, C. V., Hadden, B. W., Shaffer, M., & **Porter, B.** (July 2012). The way you make me feel: Relationship goal orientation and daily emotional experiences in romantic relationships. Paper presented at International Association of Relationship Researchers Conference, Chicago, IL.

#### **Conference Poster Presentation**

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1. Olson, E.<sup>†</sup> & **Porter, B.** (August, 2025). Veterans and external locus of control: A comparison of aging veterans and civilians. Poster submitted to 2025 American Psychological Association annual meeting, Denver, CO.
  - a. Division 19's Top Ten Posters

2. Hooper, A.<sup>‡</sup>, Bogle, G.<sup>‡</sup>, Dean., M. C.<sup>†</sup>, & **Porter, B.** (March 2024). Sex differences in emotional expression A comparative analysis of anger, anxiety, and sadness in suicide notes. Poster presented at 2024 Annual Meeting of the Southeastern Psychology Association, Orlando, FL.
3. Bogle, G.<sup>‡</sup>, Hooper, A.<sup>‡</sup>, Dean., M. C.<sup>†</sup>, & **Porter, B.** (March 2024). Radicalizing events and violent extremists with US military backgrounds. Poster presented at 2024 Annual Meeting of the Southeastern Psychology Association, Orlando, FL.
4. Herndon, M.<sup>‡</sup>, Olson, E. A.<sup>†</sup>, DeShong, H., & **Porter, B.** (March 2024). Comparing mental health stigma between ROTC cadets and non-cadets. Poster presented at 2024 Annual Meeting of the Southeastern Psychology Association, Orlando, FL.
5. **Porter, B.** (August 2023). Finding SCRAPs: Using archival data to answer pressing questions. Poster presented at 2023 American Psychological Association annual meeting, Washington, DC.
6. Olson, E.<sup>†</sup> & **Porter, B.** (April 2023). Social well-being and support in veterans and civilians. Poster presented at 2023 Annual Meeting of the Southeastern Psychological Association, New Orleans, LA.
7. **Porter, B.** & Kim, M.<sup>‡</sup> (February 2023). Servicewomen and women veteran divorce in a family strengthening program. Poster presented at the 2023 SPSP Annual Convention, Atlanta, GA.
8. Patoilo, M.<sup>†</sup>, & **Porter, B.** (February 2023). Head injury and executive functioning in the MIDUS cohort. Poster submitted to the 51<sup>st</sup> North American Meeting of International Neuropsychology Society, San Diego, CA.
9. Patoilo, M.<sup>†</sup>, **Porter, B.**, Hanayik, T., Rorden, C., & McCall, M. (April 2022). An Investigation of Sports Concussion Reporting in Collegiate Club Rugby Players. Poster presented at the 10<sup>th</sup> Annual Sports Neuropsychology Society Symposium, Dallas, TX.
10. Patoilo, M.<sup>†</sup>, **Porter, B.**, Hanayik, T., Rorden, C., & McCall, M. (April 2022). Concussion Reporting Among Collegiate Club Athletes. Poster presented at 4<sup>th</sup> Annual Summer Student Symposium of Mississippi Academy of Sciences, Starkville, MS.
11. Pittman, L.<sup>‡</sup> & **Porter, B.** (March 2022). Finding Gulf War Veterans on Twitter: Lessons Learned. Poster presented at 86<sup>th</sup> Annual Mississippi Academy of Sciences Meeting, Biloxi, MS.

12. Dozier, M. E., & **Porter, B.** (November 2021). Is Hoarding a Problem with Relatedness? Hoarding and Self-Determination Theory. Poster presented at 55th Annual Convention of the Association for Behavioral and Cognitive Therapies, virtual.
13. Banerjee A. D, Rull, R. P., Schneiderman, A. I., Davey, V., Dursa, E. K., Culpepper, W. J., **Porter, B.**, Carey, F. R., Matsuno, R. K., Hu, E., Boyko, E. J. (December 2020). A Case Study on the Logistics of a Joint VA-DOD Research Collaboration and Data Sharing: Millennium Cohort Study. Poster presentation at the 2020 AMSUS Annual Meeting, virtual.
14. Matsuno, R. B., **Porter, B.**, Warner, S., Bookwalter, D. B., & Wells, N. (June 2020). Human papillomavirus vaccination among US military service women. Poster presented at the 2020 American Association for Cancer Research Annual Meeting, virtual.
15. Matsuno, R. K., **Porter, B.**, Warner, S., & Wells, N. (November 2019). Factors associated with Human Papillomavirus vaccination initiation and adherence among active duty US military service members. Poster presented at the American Public Health Association 2019 Annual Conference, Philadelphia, PA.
16. Walter, K. H., Armenta, R. F., Geronimo, T. R. \*, **Porter, B.**, Stander, V. A., & LeardMann, C. A. (November 2018). Longitudinal symptom trajectories among active duty service members and veterans with comorbid PTSD and depression. Poster presented at the 2018 Annual Meeting of the International Society for Traumatic Stress Studies (ISTSS), Washington, DC.
17. Matsuno, R.K., **Porter, B.**, Warner, S, Bookwalter, D, & Wells, N. (November 2018). Human papillomavirus vaccination among US military service women. Poster presented at the American Association for Cancer Research Conference on The Science of Cancer Health Disparities in Racial/Ethnic Minorities and the Medically Underserved, New Orleans, LA.
18. **Porter, B.**, Bonanno, G. A., Bliese, P. D., & Proctor, S. P. (March 2017). The association between combat and latent trajectories of physical well-being. Poster presented at The Society for Behavioral Medicine Annual Meeting & Scientific Sessions, San Diego, CA.
19. Kaur, N. \*, **Porter, B.**, LeardMann, C. A., Tobin, L., Lemus, H., & Luxton, D. D. (April 2016). Evaluation of a modified version of the Posttraumatic Growth Inventory – Short Form in the Millennium Cohort Study. Poster presented at Epidemiology Research Exchange, San Diego, CA.
20. **Porter, B.**, Hadden, B. W., Rodriguez, L. R., & Knee, C. R. (January 2013). More than what's between your legs? Testing gender as the distinguishing role in romantic relationships. Poster presented at The Society for Personality and Social Psychology Conference, New Orleans, LA.

21. Dozier, M. E., **Porter, B.**, Rhoades, H. M., Kunik, M. E., Stanley, M. A., & Nadorff, M. R. (November 2012). Cognitive behavioral therapy reduces nightmares in older adults with generalized anxiety disorder. Poster presented at the Gerontological Society of America, Charlotte, NC.
22. Grabyan, J. A., Massman, P. J., **Porter, B.**, & Doody, R. S. (February 2012). Plasma cortisol does not predict the rate of decline in Alzheimer's disease. Poster presented at the annual meeting of the International Neuropsychological Society, Montreal, Canada.
23. **Porter, B.**, Knee, C. R., & Rodriguez, L. R. (January 2011). A snapshot of personality and Twitter. Poster presented at The Society for Personality and Social Psychology Conference, San Antonio, TX.
24. **Porter, B.**, & Knee, C. R. (November 2010). Unappreciated? Perceived recognition moderates the effects of sacrifice. Poster presented at the Society for Southeastern Social Psychologists, Charleston, SC.
25. **Porter, B.**, Lin, H. L., Uysal, A., & Knee, C. R. (January 2010). Narcissism and self-determination. Poster presented at The Society for Personality and Social Psychology Conference, Las Vegas, NV.

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#### **Invited Talks, Non-Conference Presentations, and Reports**

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1. **Porter, B.** (August, 2025). Posttraumatic stress disorder, Veteran Health Administration use, and care-seeking among recent-era U.S. veterans. Presentation to Military-Civilian Transition Office Research Forum. Virtual.
2. **Porter, B.** (April 2023). SCRAPs to Citations. Presentation to Mississippi State University Clinical Psychology Brown Bag series, Starkville, MS.
3. **Porter, B.** (April 2021, 2022). Mental health within DoD and VA. Presented for Mississippi State University Student Counseling Services intern class of 2021 & 2022, Starkville, MS.
4. **Porter, B.** (April 2021). Archival data. Presentation to Mississippi State University Social Science Research Center, Starkville, MS.
5. **Porter, B.** (January 2021). A primer on multiple imputation. Presentation to Mississippi State University Psychology Department, Starkville, MS.
6. **Porter, B.** (November 2020). Psychometric testing of the brief MSPSS and C-PTGI-SF. Presented at Canadian Armed Forces Directorate Research Personnel and Family Services, Ottawa, Ontario, Canada (virtual).
7. Metraux, S., Kolaja, C. A.\*, Crone, B., Bryne, T., Rull, R. P., & **Porter, B.** (April 2020). Risk factors for homelessness among post-9-11 era veterans. Research

Brief for VA National Center on Homelessness among Veterans. URL:  
[https://content.govdelivery.com/attachments/USVHACENTER/2020/04/30/file\\_attachments/1440273/Porter\\_RiskFactorsForHomelessness\\_NCHAVResearchBrief\\_April%202020\\_508.pdf](https://content.govdelivery.com/attachments/USVHACENTER/2020/04/30/file_attachments/1440273/Porter_RiskFactorsForHomelessness_NCHAVResearchBrief_April%202020_508.pdf)

8. **Porter, B.** & Rull, R.P. (October 2019). Gulf War Veterans in the Millennium Cohort Study. Presentation to the Research Advisory Committee on Gulf War Veterans' Illnesses, San Francisco, CA.
9. **Porter, B.** (February 2019). An introduction to Item Response Theory. Presentation to Mississippi State University Psychology Department, Starkville, MS.
10. **Porter, B.**, & Armenta, R. A. (March 2017). The Millennium Cohort Study: PTSD trajectories and persistence. Presentation to NCCOSC Navy Psychological Health Research Roundtable, San Diego, CA.
11. **Porter, B.** (March 2017). Random and repeated effects using PROC MIXED/NLMIXED. Presentation to Naval Health Research Center SAS User's Group, San Diego, CA.
12. **Porter, B.** (April 2016). Gulf War Veterans in the Millennium Cohort Study. Presentation to the Research Advisory Committee on Gulf War Veterans' Illnesses, Washington, DC.
13. **Porter, B.** (November 2013). Cross-classified models: Because everything isn't a nesting doll. Presentation to San Diego SAS User's Group, San Diego, CA.

#### **Student Presentations to University Research Symposium**

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1. Jones, L.‡, Foster, W.‡, **Porter, B.**, DeShong, H. L. (August 2023). Explaining comorbidities between borderline, substance, and alcohol use disorders: Investigating the potential shared risk factors of parental invalidation and childhood emotional sensitivity. Poster presented at the Mississippi State University Summer Undergraduate Research Showcase, Starkville, MS.
2. Toliver, J.M. ‡, **Porter, B.**, & DeShong H.L. (August 2023). Investigating comorbidity rates between BPD and PTSD across men and women. Poster presented at the Mississippi State University Summer Undergraduate Research Showcase, Starkville, MS.
3. Bogle, G.‡ (April 2023). Investigating a method of verifying military of survey participants. Poster presented at the 2023 Mississippi State University Spring Undergraduate Research Symposium. Advisors: **Porter, B.** & Dean, M.
4. Hooper, A.‡ (April 2023). Examining Associations Between Mania and Poor Hygienic Practices. Poster presented at the 2023 Mississippi State University Spring Undergraduate Research Symposium. Advisors: **Porter, B.** & Dean, M.



5. Patoilo, M.<sup>†</sup>, & **Porter, B.** (February 2023). Head injury and executive functioning in the MIDUS cohort. Poster presented at Mississippi State University Graduate Research Symposium, Starkville, MS.
6. Pittman, L.<sup>‡</sup> & **Porter, B.** (April 2022). Finding Gulf War Veterans on Twitter: Lessons Learned. Poster presented at Mississippi State University Undergraduate Research Symposium, Starkville, MS.
7. Mitchell, M. M.<sup>‡</sup> & **Porter, B.** (April 2022). The Association between Mental Health and Preventive Regulation over COVID-19. Poster presented at Mississippi State University Undergraduate Research Symposium, Starkville, MS.

### **Blogposts/Other Publications**

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1. **Porter, B.** (2021). Mississippi Parent's Mental Health across the Pandemic. [https://mississippithrive.com/wp-content/uploads/2021/04/HPS-Blog\\_6apr2021\\_Final-with-MS-Thrive-Branding.pdf](https://mississippithrive.com/wp-content/uploads/2021/04/HPS-Blog_6apr2021_Final-with-MS-Thrive-Branding.pdf)
2. **Porter, B.** (2024). I am using other researchers' data and you could (and should) be too! <https://ds3.ssrc.msstate.edu/2024/05/20/i-am-using-other-researchers-data-and-you-could-should-be-too/>

### **Statistical Proficiencies**

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#### Programming Experience

- SAS
- MPlus
- R
- IRTPRO
- xxM

#### Statistical Expertise

- Mixed Effects Modeling
- Non-Linear Mixed Effects Modeling
- Structural Equation Modeling
- Multilevel Structural Equation Modeling
- Mixture Modeling
  - Latent Profile Analysis
  - Latent Growth Mixture Modeling
- Robust Statistics
- Missing Data Management
  - Multiple Imputation
  - Weighting
  - Raking
  - Propensity Score Matching
- Psychometrics

- Classical Test Theory (EFA/CFA)
- Item Response Theory
- Actor-Partner Interdependence Model
- Social Relations Model
- Self-Controlled Case Series

### **Teaching Experience**

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#### Mississippi State University

- Introductory Psychological Statistics
  - Fall 2021, Spring 2022, Fall 2022
- Introduction to Graduate Statistics
  - Fall 2022, Fall 2023, Fall 2024, Fall 2025
- Social Psychology
  - Spring 2023, Fall 2023, Spring 2024 x2, Fall 2024, Spring 2025, Fall 2025

#### University of Texas at San Antonio

- Psychology Research and Methods
  - Fall 2018

#### University of Houston

- Introduction to Psychological Statistics
  - Summer 2010 x2, Fall 2011 x2, Spring 2012 x2

#### Teaching Assistant at University of Houston

- Structural Equations Modeling (graduate level)
  - Spring 2013
- Introduction to Graduate Statistics (graduate level)
  - Fall 2010, Spring 2011, Summer 2011
- Social Psychology
  - Fall 2008, Spring 2009, Summer 2009, Fall 2009, Spring 2010
- Advanced Research Methods in Psychology
  - Fall 2009

### **Graduate Committee Membership**

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\*\*Served as Major Professor

#### **Dissertations**

Marin Olson, MSU; Proposed (5/9/2022); Defended (6/6/2024)

\*\*Michaela Patoilo, MSU; Proposed (8/16/2022); Defended (6/5/2024)

Kren Kelley, MSU; Proposed (9/19/2022)

Courtney Mason, MSU; Proposed (9/20/2022)

\*\*Matthew Dean, MSU; Proposed (9/29/2022); Defended (5/22/2024)

Anjelica Martinez, University of Houston; Proposed (7/22/2024); Defended (4/9/2025)

Abigail Kukay, MSU; Proposed (6/26/2024); Defended (6/4/2025)

Caitlyn Nix, MSU; Proposed (9/25/2024); Defended (5/2/2025)

Tram Nguyen, MSU; Proposed (9/19/2024); Defended (6/9/2025)

## **Theses**

Tram Nguyen, MSU; Defended (2/24/2022)

\*\*Matthew Dean, MSU; Defended (10/19/2022)

Caitlyn Nix, MSU; Proposed (5/10/2022); Defended (10/17/2023)

Patrick Vukmirovich, MSU; Proposed (11/28/2022); Defended (7/11/2024)

Autumn Schneider, MSU; Proposed (6/26/2024); Defended (4/23/2025)

\*\*Elizabeth Olson, MSU; Proposed (11/6/2024)

Natalie Tadros, MSU; Proposed (4/24/2025)

## **Manuscript Examination Proposals**

Caitlyn Nix, MSU; Defended (2/9/2023)

Tram Nguyen, MSU; Defended (9/6/2023)

\*\*Matthew Dean, MSU; Defended (9/22/2023)

Patrick Vukmirovich, MSU; Defended (10/30/2024)

## **Honor's Theses**

\*\*Mary Margaret Mitchell, MSU; Defended (5/4/2022)

Julie Anne Miller, MSU; Defended (5/2/2023)

Abigail Martin, MSU; Defended (4/22/2024)

## **Panel Membership**

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RAND Expert Panel: Determining Metrics for Family Programs to Support Outcomes Evaluation. Chairs: Drs. Laura Werber & Kelly Hyde

Subject matter expert for Military Exposure Research Program. Chair: Dr. Jaraad Ramkissoon

Working group to create plan for a single case definition for Gulf War Illness. Chair: Dr. Peter D. Rumm

Writing group for 'Epidemiology/Continued Surveillance' section for Gulf War Strategic Plan, 2018–2022. Chair: Dr. Erin K. Dursa

## **University Service**

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### **Department**

Chair of Clinical Graduate Admissions Committee, 2022

Member of Clinical Training Committee, 2021-

Member of Psychology Research Pool Committee, 2022-

Chair of Psychology Research Pool Committee, FA 2023

Member of Bylaws Subcommittee, 2024-

### **College**

Senator for Arts & Science College Senate, 2024-

Secretary for Arts & science College Senate, 2024

Member for Arts & Science Scholarship Committee, 2024-

### **University**

Member of MSU Institutional Effectiveness Review Committee, 2024-

### **Ad Hoc Reviewer (journals)**

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*Aging and Mental Health*  
*Alcohol: Clinical and Experimental Research*  
*American Journal of Preventive Medicine*  
*American Journal of Public Health*  
*Assessment*  
*BMC Musculoskeletal Disorders*  
*BMC Psychiatry*  
*BMJ Open*  
*Eating Behaviors*  
*European Psychiatry*  
*International Journal of Geriatric Psychiatry*  
*Journal of Affective Disorders*  
*Journal of Consulting and Clinical Psychology*  
*Journal of Electroconvulsive Therapy*  
*Journal of Occupational and Environmental Medicine*  
*Journal of Studies on Alcohol and Drugs*  
*Journal of Traumatic Stress*  
*Nature Mental Health*  
*Occupational and Environmental Medicine*  
*Personality and Individual Differences*  
*Personality and Social Psychology Bulletin*  
*Preventing Chronic Disease*  
*Psychiatry: Interpersonal*  
*Psychiatry Research*  
*Psychological Trauma: Theory, Research, Practice, and Policy*  
*Social Cognition*  
*Substance Use and Misuse*  
*Trends in Psychiatry and Psychotherapy*  
*Women's Health Issues*

### **Ad Hoc Reviewer (grants)**

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American Psychological Foundation  
• Bruce and Jane Walsh Grant in Memory of John Holland  
Patient-Centered Outcomes Research Institute

### **Professional Membership**

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2021–2023	APA
2021–2023	APA Division 19: Society for Military Psychology
2021	Mississippi Academy of Science
2022–2023	Southeastern Psychological Association
2008-2013; 2022	Society for Personality and Social Psychology