

Vita  
Kristen L. Campbell, Ph.D.  
475 Mill Rd  
Columbus, MS  
(662) 549-7378

Personal Data

Birth Place: Lancaster, Pennsylvania  
Previously known as: Kristen L. Shepherd (before 08/2003)

Education

12/97 Ph.D. in Clinical Psychology  
Kent State University, Kent, Ohio  
Dissertation Advisor: Yossef S. Ben-Porath, Ph.D.  
Dissertation Title: Prediction of treatment outcome using the MMPI-2  
Candidacy Exams: Passed January, 1992; Psychopathology Specialty

5/91 M.A. in Clinical Psychology  
Kent State University, Kent, Ohio  
Thesis: Effect of perceived diet violation on cognitions and food intake  
Advisor: Janis H. Crowther, Ph.D.

5/83 B.A. in Psychology with honors; Butler University, Indianapolis, Indiana

Professional Experience

1/15 - Faculty – Instructor as of 8/2020; Prior to that title of Lecturer  
Present Department of Psychology, Mississippi State University, Mississippi State, MS  
Courses taught (Face-to-Face unless indicated) Drug Use and Abuse, Intro to Psychological Statistics (face-to-face and online), Psychology of Interpersonal Relationships, Cross-Cultural Psychology, Introduction to Clinical Psychology, Abnormal Psychology (online only)

1/13 – Lecturer  
5/14 Department of Psychology, Ohio State University, Columbus, OH  
Taught Honors General Psychology, Abnormal Psychology, Drugs and Behavior, Counseling Psychology, Cross-Cultural Psychology

1/14 – Adjunct Faculty  
5/14 Department of Psychology, Capital University, Bexley, OH  
Taught Social Sciences Statistics

1/13 – Online Lecturer  
5/13 Department of Psychology, Mississippi State University, Mississippi State, MS  
Taught Behavior Modification – online course

- 8/12 - Adjunct Faculty  
12/13 Columbus State Community College, Delaware Campus, Delaware, OH  
Taught Introduction to Psychology, Psychology of Personality
- 1/10 - Instructor  
7/12 Department of Psychology, Mississippi State University, Mississippi State, MS  
Taught General Psychology (regular and honors sections), Introduction to Clinical Psychology, Drug Use and Abuse, Theories of Personality, Abnormal Psychology; and Introduction to Psychological Statistics
- 1/08- Lecturer  
07/10 Department of Psychology, Mississippi State University, Mississippi State, MS  
Taught Introduction to Clinical Psychology, General Psychology, Abnormal Psychology
- 11/08- Private Practice  
01/11 Columbus, MS  
Conducted individual psychotherapy with adults as sole proprietor.
- 10/05- Private Practice  
6/07 Mt. Pleasant, SC  
Conducted psychological assessments and individual and group psychotherapy with adults as sole proprietor.
- 1/01 - Adjunct Instructor  
5/07 Masters in Clinical Counseling Psychology Program, The Citadel, Charleston, SC  
Substance Abuse Counseling: Spring 2007, Spring 2006, Spring 2005, Spring 2004  
Group Counseling: Summer 2006, Fall 2005  
Ethics and Mental Health Law: Spring 2006  
Practicum: Spring 2002, Spring 2001
- 10/04-11/05 Clinician  
11/98-10/03 Dorchester Alcohol and Drug Commission, Summerville, SC  
Conducted intensive outpatient program for women (group and individual therapy, program coordination, case management, multidisciplinary team member, data management), clinical assessments, consultation to Dual Diagnosis program, and supervision of master's level interns.
- 10/03-10/04 Director of Intensive Services  
Dorchester Alcohol and Drug Commission, Summerville, SC  
Administratively supervised intensive services staff, Conducted intensive outpatient program for women (group and individual therapy, program coordination, case management, multidisciplinary team member, data management), clinical assessments, consultation to Dual Diagnosis program, and supervision of master's level interns.
- 7/97 - Coordinator of Dual Diagnosis Services  
11/98 Dorchester Alcohol and Drug Commission, Summerville, SC  
Responsibilities of position included program development and provision of clinical services to persons who have substance-use related disorders and other psychiatric disorders supervised by licensed psychologist.

- 10/95 -  
6/97 Psychometrist  
Dorchester Alcohol and Drug Commission, Summerville, SC  
Conducted psychological testing of children and adults and wrote psychological evaluations supervised by licensed psychologist. Part-time on a contract basis.
- 2/97 to  
7/97 Research Assistant  
Kent Developmental Metrics, Kent, Ohio  
Responsibilities included organization of research data base and data analysis of longitudinal data set using hierarchical linear modeling for data on a scale that assesses infant development.
- 9/95 -  
8/96 Pain Management Masters Level Therapist  
Pain Rehabilitation Program, Medical University of South Carolina, Charleston, SC  
Conducted psychological evaluations and individual, marital, and group therapy in a multidisciplinary treatment team supervised by a licensed psychologist. Patients treated had diagnoses of pain associated with both psychological factors and medical conditions or coping with pain and often had accompanying mood and/or anxiety disorders as well as personality disorders. Generally provided 10 to 20 hours of client contact service per week.
- 9/94 to  
8/95 Psychology Intern  
Department of Psychiatry and Behavioral Sciences  
Medical University of South Carolina (MUSC)  
Charleston, SC  
APA Approved Clinical Psychology Internship
- ❖ Weight Management Center, Institute of Psychiatry, MUSC  
Conducted psychological screening evaluations of applicants for weight management programs, co-lead weight management groups, and conducted individual psychotherapy with individuals with eating disorders supervised by a licensed psychologist. Half-time for 6 months. Also conducted research project investigating changes in relationships associated with weight loss.
  - ❖ Counseling and Psychological Services, MUSC  
Conducted intakes, psychological assessments, and individual psychotherapy with students of MUSC supervised by licensed psychologists. Carried an average caseload of 10-15 clients with wide variety of psychopathology; including mood disorders, anxiety disorders, eating disorders, personality disorders, adjustment disorders, and V codes. Half-time for 6 months.
  - ❖ Psychological Treatment Service, Institute of Psychiatry, MUSC  
Co-lead daily group psychotherapy with inpatients with primary diagnoses of substance abuse/dependence, eating disorders, and dissociative disorders; served as member of a multidisciplinary team; and conducted individual psychotherapy supervised by a licensed psychologist. Half-time for 3 months.
  - ❖ Consultation and Liaison Service, Institute of Psychiatry, MUSC  
Conducted psychiatric consultations on medical hospital patients supervised by licensed psychiatrists. Half-time for 3 months.
  - ❖ Neuropsychology/Gerontology Service, Department of Veterans Affairs Medical Center  
Conducted neuropsychological evaluations and served on multi-disciplinary team for geriatric medical patients and dialysis patients. Full-time for 3 months.

- 7/93 to  
8/94  
Consultant  
Applied Personality Assessment Project  
Kent State University, Kent, Ohio  
Responsibilities included providing consultation in data management and analysis to graduate students who were supervising various applied personality assessment projects (MMPI-2, MMPI-A). Projects included investigations of the validity of the MMPI-2 in a community mental health center, a forensic setting, and an inpatient psychiatric setting; and the validity of the MMPI-A in an adolescent residential treatment setting. In addition, I provided consultation to an ongoing research project in the psychology department's training clinic.
- 7/93  
- 7/94  
Psychology Trainee  
Employee Assistance Program, Progressive Insurance Company, Mayfield Heights, Ohio  
Conducted intakes, psychological assessments, and individual psychotherapy with children and adults supervised by licensed psychologists. Also conducted group psychotherapy with adults. Carried an average caseload of 20 clients with wide variety of psychopathology; including mood disorders, anxiety disorders, personality disorders, adjustment disorders and V codes. Completed 1000 hours (20 hours per week).
- 3/92-6/93  
Project Director  
Applied Personality Assessment Project  
Kent State University, Kent, Ohio  
Responsibilities included all aspects of data management and analyses for a variety of applied investigations in personality assessment (MMPI-2); including supervising graduate and undergraduate students. The main project on which I worked was an investigation of the validity of the MMPI-2 in a community mental health center. Additional projects included MMPI-2 profiles of persons with epilepsy and Native Americans receiving inpatient psychiatric care.
- 3/92-5/93  
Psychology Trainee  
Psychological Clinic  
Kent State University, Kent, Ohio  
Advanced psychology training. Conducted individual therapy and completed psychological reports supervised by a licensed psychologist in this University based training clinic. Carried an average caseload of one to two clients whose presenting problems included mood disorders and personality disorders. Completed 350 total hours.
- 12/90 -  
12/92  
Project Assistant  
Kent Developmental Metrics, Kent, Ohio  
Assistant for grant funded by the Ohio Developmental Disabilities Planning Council investigating individualized funding of residential services for persons with developmental disabilities. Responsibilities included revising assessment tool, analysis of data, and consultation with the Ohio Department of Mental Retardation and Developmental Disabilities on the assessment and results of state wide assessment of persons served by purchase of service funding and the use of the assessment in determining state funding for such persons.
- 7/90-6/91  
Psychology Trainee  
Kevin Coleman Community Mental Health Center, Kent, Ohio  
Conducted intakes, psychological assessments, and individual psychotherapy with adults supervised by a licensed psychologist. Carried average caseload of 15-20 clients with wide

variety of psychopathology; including schizophrenia, mood disorders, anxiety disorders, personality disorders, and adjustment disorders. Completed 1000 hours (20 hours per week).

- 7/89 to  
12/90 Course Instructor  
Kent State University, Kent, Ohio  
Introduction to Clinical Psychology (1 semester, Senior level course)  
Quantitative Methods in Psychology I (3 semesters, Sophomore level course)
- 6/90-8/90  
and  
9/88-5/89 Research Assistant  
Department of Psychology  
Kent State University, Kent, Ohio  
Responsibilities included implementation and/or statistical analyses of research projects investigating precipitants of dieting and disordered eating, coping behavior of persons with bulimia nervosa, effect of daily hassles on binge eating, and validity and reliability of eating behavior scales.
- 6/88-6/90 Psychology Trainee  
Psychological Clinic  
Kent State University, Kent, Ohio  
Conducted intakes, psychological assessments, and individual and marital therapy supervised by licensed psychologists in this University based training clinic. Carried average caseload of three clients whose presenting problems included mood disorders, adjustment disorders, eating disorders, and personality disorders. Completed 600 total hours.
- 8/87-8/88 Research Assistant  
Applied Psychology Center  
Kent State University, Kent, Ohio  
Responsibilities included implementation and statistical analyses of research projects investigating message frame and practice effect in promoting cancer self examinations.
- 11/86 to  
5/87 Research Interviewer  
Federation for Community Planning  
Interviewed patients, family members, and community mental health workers involved with an Ohio long term state psychiatric facility.
- 10/83  
- 8/86 Psychiatric Technician  
Adolescent Unit, CPC Valle Vista Hospital, Greenwood, Indiana  
Responsibilities included behavior management, individual and group counseling, development and implementation of treatment plans, and performance of various nursing duties on this acute inpatient psychiatric unit.
- 5/81-8/81 Intern - Volunteer  
CareUnit, St. Francis - St. George Hospital, Cincinnati, Ohio  
Responsibilities included completing social histories and developing treatment plans for persons with alcohol dependence.

### Affiliations

Member of American Psychological Association, Division 12: Clinical Psychology and Division 50: Addictions

## Publications

- Rhodes, S. K., Shepherd, K. L., O'Neil, P. M., & Resnick, H. F. (1995). Fat distribution and sexual trauma in obese women. *Obesity Research*, 3 (Supp 3), 399S (Abstract).
- Crowther, J. H., Lilly, R. S., Crawford, P. & Shepherd, K. L. (1992). The stability of the Eating Disorder Inventory. *International Journal of Eating Disorders*, 12, 97-101.
- Rosch, D. S. & Shepherd, K. L. (1992). Overview. In J. H. Crowther, D. L. Tennenbaum, S. E. Hobfoll, & M. A. P. Stephens (Eds.), *The etiology of bulimia nervosa: The individual and familial context*. Washington, DC: Hemisphere Publishing Company.

## Presentations

- Horton, H. L., Crowther, J. H., & Shepherd, K. L. (1995, November). Reactivity of self-monitoring cognitions and food intake. Presented at the 29th Annual Convention of the Association for the Advancement of Behavior Therapy, Washington, D.C.
- Crowther, J. H., Horton, H., Crawford, P. A., & Shepherd, K. L. (1993, August). Prospective study of the onset of binge eating. Paper presented at the annual meeting of the American Psychological Association, Toronto, Ontario.
- Crowther, J. H., Zotter, D. L., & Shepherd, K. L. (1991, November). Daily hassles and binge eating in obese and normal-weight populations. Paper presented at the annual convention of the Association for the Advancement of Behavior Therapy, New York, NY.
- Shepherd, K. L., Crowther, J. H., & Dakoski, V. (1991, August). Cognitions and eating behavior of restrained and unrestrained eaters. Paper presented at the annual meeting of the American Psychological Association, San Francisco, CA.
- Crowther, J. H., Lilly, R. S., Crawford, P., Shepherd, K. L., & Oliver, L. L. (1990). The stability of the Eating Disorder Inventory. Paper presented at the annual meeting of the American Psychological Association, Boston, MA.
- Shepherd, K. L., Crowther, J. H., & Sanders, K. (1990, August). Effects of restraint and disinhibition on daily caloric intake. Paper presented at the annual meeting of the American Psychological Association, Boston, MA.
- Steffen, V. J., & Shepherd, K. (1990, April). Message frame and practice in promoting BSE. Paper presented at the annual meeting of the Rocky Mountain Psychological Association, Tucson, AZ.
- Crowther, J. H., Zotter, D. L., & Shepherd, K. L. (1989, November). Effect of daily hassles on eating in binge and non-binge eaters. Paper presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Washington, DC.
- Steffen, V. J., & Shepherd, K. (1989, August). Message frame and practice in promoting TSE beliefs and behavior. Paper presented at the annual meeting of the American Psychological Association, New Orleans, LA.

Steffen, V. J., & Shepherd, K. (1989, May). Message frame and practice in promoting cancer self exams. Paper presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

Fellowships and Awards

Applied Psychology Center Graduate Research Fellowship, Spring, 1993.

Summer Fellowship for Post-Candidacy Doctoral Students, Summer, 1992.

American Psychological Association Student Travel Award, August, 1991.

Summer Tuition Scholarship, Summer, 1990.