

Hilary L. DeShong, Ph.D.
Curriculum Vitae

Work Address

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Licensed Clinical Psychologist MS 59-1033

ACADEMIC AND PROFESSIONAL POSITIONS

August 2017-Current Assistant Professor, Tenure-Track
Department of Psychology
Mississippi State University
Starkville, Mississippi

EDUCATIONAL HISTORY

08/2016-08/2017 **Clinical Psychology Internship**
Ann Arbor VA Healthcare System
APA Accredited Site
Ann Arbor, Michigan

08/2013-08/2017 **Doctor of Philosophy in Psychology**
Concentration in Clinical Psychology
APA Accredited Program
Oklahoma State University; Stillwater, Oklahoma
Dissertation Title: *Neuroticism as a Predictor of
Rumination and Maladaptive Behaviors: A Prospective Approach*
Chairperson: Stephanie N. Mullins-Sweatt, Ph.D.

08/2011-07/2013 **Master of Science in Psychology**
Oklahoma State University; Stillwater, Oklahoma
Thesis Title: *Personality and Workplace Behaviors:
Assessing the Five-Factor Model and Dark Triad in Relation to
Counterproductive Workplace Behaviors*
Chairperson: Stephanie N. Mullins-Sweatt, Ph.D.

08/2009-08/2011 **Master of Science in Psychology**
Villanova University; Villanova, Pennsylvania
Thesis Title: *Differentiating Between Borderline and
Antisocial Personality Disorders Using the Four Factors of
Impulsivity*
Chairperson: John Kurtz, Ph.D.

08/2005-05/2009 **Bachelor of Science in Psychology, Summa Cum Laude**
Phi Beta Kappa Inductee
West Virginia University; Morgantown, West Virginia

PEER-REVIEWED PUBLICATIONS

(*undergraduate mentee; **graduate mentee)

36. Mason, C. K.**, Rios, L. A.*, & **DeShong, H. L.** (In Press). Examining negative thinking styles and thought control strategies within borderline personality disorder. *Journal of Psychopathology and Behavioral Assessment*.
35. Lass, A., Veilleux, J., **DeShong, H.L.**, & Winer, E. S. (In Press). What is distress tolerance? Presenting a need for conceptual clarification based on qualitative findings. *Journal of Contextual Behavioral Science*.
34. Nails, J. G., Maffly-Kipp, J., **DeShong, H. L.**, Lowmaster, S. E., & Kurtz, J. E (In Press). A crisis in college student health? Self-ratings of psychopathology before and after the COVID-19 Pandemic. *Psychological Assessment*.
33. **DeShong, H. L.**, Mason, C.**, Nelson, S. M., Kelley, K.**, & McDaniel, C.** (In Press). Borderline personality disorder traits and symptoms and rates of NSSI during the COVID-19 Pandemic: An initial investigation. *Journal of American College Health*.
32. Kelley, K.**, & **DeShong, H.L.** (In Press). Examining Facet-Level Distinctions within the Trait-Interpersonal Model of Suicide Risk. *Personality and Individual Differences*.
31. Pate, A. R., **DeShong, H. L.**, Stafford, T. W. D., & Nadorff, M. R. (In Press). Impact of social support on suicidal ideation and attempts among gender minority adults. *The International Journal of Aging & Human Development*.
30. **DeShong, H.L.**, & Kelley, K.** (2022). Investigating the incremental validity of negative thinking styles and facets of neuroticism within depression, anxiety, and borderline personality disorder. *Journal of Psychopathology and Behavioral Assessment*, 44, 962-971.
29. McDaniel, C. J.**, **DeShong, H. L.**, Nadorff, M. D., & Rufino, K. (2022). The Synergistic Effects of Neuroticism and Extraversion on Suicidal Ideation, Single Attempts, and Multiple Attempts in an Inpatient Sample. *Journal of Personality Disorders*, 36, 717-730.
28. Athar, M. E., Jazi, E. A., Lashgari, Z., Azizi, M., Karimi, S., & **DeShong, H. L.** (2022). Psychometric properties of the Persian version of the short-form five factor borderline inventory (FFBI-SF). *BMC Psychiatry*, 22, 83-93.
27. Dozier, M., & **DeShong, H. L.** (2022). The association between personality traits and hoarding behaviors. *Current Opinion in Psychiatry*, 35, 53-58.
26. Kelley, K.**, Walgren, M.D.*, & **DeShong, H. L.** (2021). Rumination as a transdiagnostic process: The role of rumination in relation to antisocial and borderline symptoms. *Journal of Affective Disorders*, 295, 865-872.

25. Rodriguez, L., **DeShong, H. L.**, & Shriner, M. (2021). Type D Personality as a Predictor of COVID-19-related Dysfunctional Anxiety and Psychological Trauma in the United States. *EC Psychology and Psychiatry*, *10.9*, 01-11.
24. Fastring, D. R., Nadorff, D. K., & **DeShong, H. L.** (2021). The influence of rurality on fruit and vegetable intake and BMI: Findings in Mississippi are not consistent with those at the national level. *International Journal of Environmental Research and Public Health*, *18*, 5021, 1-13.
23. Robertson, M. N., **DeShong, H. L.**, Steen, J. S., Buys, D. R., & Nadorff, M. R. (2021). Mental health first aid training for extension agents in rural communities. *Suicidal and Life-Threatening Behavior*, *51*, 301-307.
22. Nadorff, M.R., **DeShong, H.L.**, Golding, S., Cerel, J., McDaniel, C.J.** , Pate, A.R., Kelley, K.** , & Walgren, M.D.* (2021). Rates of exposure to natural, accidental, and suicide deaths. *Suicide and Life-Threatening Behavior*, *51*, 478-481.
21. Titus, C. E.** , & **DeShong, H. L.** (2020). Thought control strategies as predictors of borderline personality disorder and suicide risk. *Journal of Affective Disorders*, *266*, 349-355.
20. Mullins-Sweatt, S. N., **DeShong, H. L.**, Lengel, G. J., Helle, A. C., & Krueger, R. F. (2019). Disinhibition as a unifying construct in understanding how personality dispositions undergird psychopathology. *Journal of Research in Personality*, *80*, 55-61.
19. **DeShong, H. L.**, Grant, D. M., & Mullins-Sweatt, S. N. (2019). Precursors of the Emotional Cascade Model of BPD: The role of neuroticism, childhood emotional vulnerability, and parental invalidation. *Personality Disorders: Theory, Research, and Treatment*, *10*, 317-329.
18. Daghigh, A., **DeShong, H. L.**, Daghigh, V., Niazi, M., & Titus, C. E.** (2019). Exploring the relation between religiosity and narcissism in an Iranian sample. *Personality and Individual Differences*, *139*, 96-101.
17. **DeShong, H. L.**, & Tucker, R. P. (2019). Borderline Personality Disorder and suicide risk: The mediating role of insomnia and nightmares. *Journal of Affective Disorders*, *244*, 85-91.
16. Helle, A. J., **DeShong, H. L.**, Lengel, G. J., Meyer, N., Butler, J., & Mullins-Sweatt, S. N. (2018). Utilizing Five Factor Model facets to conceptualize counterproductive, unethical, and organizational citizenship workplace behaviors. *Personality and Individual Differences*, *135*, 113-120.
15. Helle, A. C., **DeShong, H. L.**, Baraldi, A. N., & Mullins-Sweatt, S. N. (2018). The Five Factor Borderline Inventory: Behavioral outcomes over time. *Psychological Assessment*, *30*, 43-61.

14. **DeShong, H. L.**, Helle, A. C., Lengel, G. J., Meyer, N., & Mullins-Sweatt, S. N. (2017). Facets of the Dark Triad: Utilizing the five factor model to describe Machiavellianism. *Personality and Individual Differences, 105*, 218-223.
13. Meyer, N. A., Helle, A. C., Tucker, R. P., Lengel, G. J., **DeShong, H. L.**, Wingate, L. R., & Mullins-Sweatt, S. N. (2017). Humor styles moderate borderline personality traits and suicide ideation. *Psychiatry Research, 249*, 337-342.
12. Oltmanns, J. R., **DeShong, H. L.**, Sanders, C. A., & Kurtz, J. E. (2016). Validation of the Five-Factor Model personality disorder prototype counts with the personality assessment inventory. *Journal of Psychopathology and Behavioral Assessment, 38*, 590-599.
11. Lengel, G. J., Helle, A. C., **DeShong, H. L.**, Meyer, N., & Mullins-Sweatt, S. N. (2016). Translational applications of personality science for the conceptualization and treatment of psychopathology. *Clinical Psychology: Science and Practice, 23*, 288-308.
10. **DeShong, H.L.**, Helle, A.C., & Mullins-Sweatt, S.N. (2016). Unmasking Cleckley's psychopathy: Assessing historical case studies. *Personality and Mental Health, 10*, 141-151.
9. Mullins-Sweatt, S. N., Lengel, G. J., & **DeShong, H. L.** (2016). The importance of considering clinical utility in the construction of a diagnostic manual. *Annual Review of Clinical Psychology, 12*, 133-155.
8. Lengel, G. J., **DeShong, H.L.**, & Mullins-Sweatt, S. N. (2016). Impulsivity and nonsuicidal self-injury: Examining the role of affect manipulation. *Journal of Psychopathology and Behavioral Assessment, 38*, 101-112.
7. **DeShong, H.L.**, Mullins-Sweatt, S. N., Miller, J. D., Widiger, T. A., & Lynam, D. R. (2016). Development of a Short Form of the Five Factor Borderline Inventory. *Assessment, 23*, 342-352.
6. **DeShong, H. L.**, Lengel, G. J., Sauer-Zavala, S. E., O'Meara, M. & Mullins-Sweatt, S. N. (2015). Construct validity of the Five Factor Borderline Inventory. *Assessment, 22*, 319-331.
5. **DeShong, H. L.**, Tucker, R. P., O'Keefe, V. M., Mullins-Sweatt, S. N., & Wingate, L. R. (2015). Five factor model traits as a predictor of suicidal ideation and interpersonal suicide risk in a college sample. *Psychiatry Research, 226*, 217-223.
4. **DeShong, H.L.**, Grant, D., & Mullins-Sweatt, S. N. (2015). Comparing models of counterproductive workplace behaviors: The Five Factor Model and the Dark Triad. *Personality and Individual Differences, 74*, 55-60.

3. Tucker, R. P., O'Keefe, V.M., Cole, A.B., Rhodes-Kerswill, S., Hollensworth, D., Helle., A., **DeShong, H. L.**, Mullins-Sweatt, S.N., & Wingate, L.R. (2014). Mindfulness tempers the impact of personality on suicidal ideation. *Personality and Individual Differences*, 68, 229-233.
2. **DeShong, H.L.**, & Kurtz, J. E. (2013). Four factors of impulsivity differentiate antisocial and borderline personality disorders. *Journal of Personality Disorders*, 27, 144-156.
1. Brand, R. J., Bonatsos, A., D'Orazio, R. J., & **DeShong, H. L.** (2012). What is beautiful is good, even online: Correlations between photo qualities and text qualities in men's online dating profiles. *Computers in Human Behavior*, 28, 166-170

BOOK CHAPTERS

1. **DeShong, H. L.**, Mullins-Sweatt, S. N., & Widiger, T. A. (2012). Which 5?: Examining Personality Pathology with the Five Factor Model and Personality Psychopathology-5. *New Developments in Personality Disorders Research*. Nova Science Publishers, Inc.

MANUSCRIPTS UNDER REVIEW

(*undergraduate mentee; **graduate mentee)

- Collins, A. C., Mason, C.** , Gallagher, M. R., Hanna, M., **DeShong, H. L.**, & Winer, E. S. (n.d.) The complex inter-relations among anhedonia, devaluating reward, and self-injury. Paper under view at *Journal of Affective Disorders*.
- Jai, E. A., Athar, M. E., & **DeShong, H. L.** (n.d.). The behavioral manifestation of borderline personality traits in social media: Ubiquitous disturbed interpersonal functioning. Paper under review at *BMC Psychiatry*.
- Mason, C.** & **DeShong, H. L.** (n.d.). Comparing Conceptualizations of Narcissism in Predicting Negative Thinking Styles. Paper under review at *Journal of Psychopathology and Behavioral Assessment*.
- Mason, C.** , Kelley, K.** , & **DeShong, H. L.** (n.d.). Repetitive negative thoughts and thought control strategies within borderline personality disorder: Clinical applications and research. Revised paper under review at *Journal of Affective Disorders Reports*.
- McDaniel, C.J.** , Nadorff, M. R., Golding, C. B., Cerel, J., Pate, A. R., Kelley, K.** , Walgren, M. D.* , Miller, J.* , & **DeShong, H. L.** (n.d.). Exposure to Suicide, Natural, and Accidental Deaths: Investigating Potential Differences in Positive Religious Coping, Negative Religious Coping, and Perceive Religious Support. Paper under review at *Death Studies*.

MANUSCRIPTS IN REVISION

(*undergraduate mentee; **graduate mentee)

- Kelley, K.** & **DeShong, H.L.** (n.d.). Investigating the incremental validity of impulsivity self-report and behavioral measures as predictors of alcohol use and alcohol-related problems.
- Kelley, K.** & **DeShong, H. L.**(n.d.). The Role of Personality and Life Satisfaction with the Interpersonal Suicide Risk.
- Kelley, K.** & **DeShong, H.L** (n.d). Using latent profiles of impulsivity to differentiate constructs of the dark triad.
- Kelley, K., Miller, J. A., Mason, C., & DeShong, H.L. (n.d.). Investigating the transdiagnostic potential of rumination in relation to cluster B personality disorder symptoms.
- Mason, C. K.** , Kelley, K., Miller, J. A., & **DeShong, H. L.** (n.d.). Facets of the Five Factor Model and Negative Thoughts Predicting Non-Suicidal Self-Injury.
- Mason, C.K., Kelley, K., Porter, B., Mullins-Sweatt, S.N., Widiger, T., & **DeShong, H.L.** (n.d.). Development and validation of the Five Factor Borderline Inventory Super Short Form.
- McDaniel, C. J.** , McKinney, C., & **DeShong, H. L.** (n.d.). Borderline personality disorder and suicide risk: The role of emotional vulnerability, parental invalidation, and adverse childhood experiences.
- McDaniel, C. J.** , Walgren, M.* , Rufino, K., Nadorff, M., Ellis, T. E., & **DeShong, H. L.** (n.d.). Emotion dysregulation and hopelessness as mediators between disability status and suicide.
- Titus, C.** , Dozier, M., & **DeShong, H. D.** (n.d.). Suicide acceptability among Veteran populations.
- Vaughn, S. C.* , Mason, C. K.** , McDaniel, C. J.** , & **DeShong, H. L.** (n.d.). The Dark Triad, Anger Rumination, and Criminal Maladaptive Behaviors.

EXTERNAL GRANTS FUNDED

- 2021-2024 NIMH R15 MH122937-01A1
 Title: An Experimental Approach to Emotion Regulation: Investigating
 Rumination, Cognitive Control, and Maladaptive Behaviors
 Total Costs: \$421,155
 Role: Principal Investigator
- 2021-2022 Society for Personality Assessment Student Research Grant
 Title: Investigating the Transdiagnostic Potential of Rumination in Relation to
 Cluster B Personality Disorder Symptoms
 Total Costs: \$500
 Role: Co-PI (Kren Kelley is the doctoral graduate student Co-PI)
- 2021-2022 Psi Chi Graduate Student Research Grant

Title: Impulsivity and Young Adult Alcohol Outcomes: An Integration of Trait and Behavioral Risk Factors.

Total Costs: \$1500

Role: Co-PI (Kren Kelley is the doctoral graduate student Co-PI)

2020-2021 Society for Personality Assessment Student Research Grant
 Title: Facets of the Five Factor Model and Negative Thoughts Predicting Non-Suicidal Self-Injury
 Total Costs: \$500
 Role: Co-PI (Courtney Mason was the doctoral graduate student Co-PI)

2020-2021 Psi Chi Graduate Research Grant
 Title: Facets of the Five Factor Model and Negative Thoughts Predicting Non-Suicidal Self-Injury
 Role: Principal Investigator
 Total Cost: \$1,500
 Role: Co-PI (Courtney Mason was the doctoral graduate student Co-PI)

2019-2020 Department of Defense, Military Suicide Research Consortium Dissertation Award
 Title: Exploring Suicide Acceptability in a Veteran and non-Veteran Sample
 Total Costs: \$2,000
 Role: Co-PI (Caitlin Titus was the doctoral graduate student Co-PI)

2022-2025 NIMH R15 MH127565-01A1
 Title: Motivational Interviewing to Enhance Behavioral Change in Older Adults with Hoarding Disorder
 Total Costs: \$427,415
 Role: Co-Investigator

2020-2023 NIMH R15 MH101573-03
 Title: Reward Devaluation, Positive Valence System Disturbance, and Impairment
 Requested Total Costs: \$423,178
 Role: Co-Investigator

2019-2024 Substance Abuse and Mental Health Services Administration
 (As part of state of Mississippi Garrett Lee Smith grant)
 Title: Innovative MSU Cares – Preventing and Responding to Mississippi Youth Suicide
 Total Costs: \$1,678,552
 Role: Co-Investigator

EXTERNAL GRANTS SUBMITTED; NOT FUNDED

2022-2023 NIMH Notice of Special Interest Administrative Supplement

Title: An Experimental Approach to Emotion Regulation: Investigating Rumination, Cognitive Control, and Maladaptive Behaviors
 Requested Total Costs: \$97,667
 Role: Primary Investigator

- 2019 NIMH R15 Grant Mechanism
 Title: An Experimental and Ecological Momentary Approach to Emotion Regulation: Investigating Rumination, Cognitive Control, and Maladaptive Behaviors
 Requested Total Costs: \$299,968
 Role: Primary Investigator
- 2018 Substance Abuse and Mental Health Services Administration
 Title: Mississippi Community Wellness Initiative
 Requested Total Costs: \$375,000 over three years
 Role: Primary Investigator
- 2018 Military Suicide Research Consortium
 Title: An Examination of the Efficacy and Acceptability of the Dream EZ Application in Reducing Nightmares and Suicide Risk
 Requested Total Costs: \$1,074,326 over two years
 Role: Co-Investigator

INTERNAL GRANTS FUNDED

- 2023-2024 A&S Strategic Research Initiative
 Title: The Trait-Interpersonal Theory of Suicide: A Prospective Approach
 Total Costs: \$9,465
 Role: Primary Investigator

INVITED COLLOQUIA

- Mullins-Sweatt, S. N., Lengel, G. J., **DeShong, H. L.**, & Helle, A. C. (2016, March).
 Classification of personality pathology and maladaptive behaviors: Progress toward a new diagnostic framework. Invited colloquium presented at The Ohio State University.

PAPERS PRESENTED AT SCIENTIFIC MEETINGS

(*undergraduate mentee; **graduate mentee)

24. Nelson, S., Mulay, A., Cain, N., Iwanacki, S., Dowgwillo, E., & **DeShong, H. L.** (2023, March). Working with the Alternative Model of Personality Disorders: A case discussion. Symposium to be presented at the Society for Personality Assessment annual conference, Austin, TX.
23. Kelley, K.**, Miller, J.*, Mason, C.**, & **DeShong, H.L.** (2023, March). Investigating the transdiagnostic potential of rumination in relation to cluster B personality disorder

- symptoms. Paper to be presented at the Society for Personality Assessment annual conference, Austin, TX.
22. Winer, E.S., Collins, A., Mason, C.K., Gallagher, M.R., Hanna, M., & **DeShong, H.L.** (2022, November). *The Complex Inter-relations among anhedonia, devaluing reward, and self-injury*. In *Responses to Reward and Risk for Suicide Across Age, Context, and Levels of Analysis*. [Symposium]. Accepted for the Association for Behavioral and Cognitive Therapies Annual Convention, New York City, NY.
 21. McDaniel, C.J.***, Kelley, K.***, & **DeShong, H.L.** (2022, March). *Using Latent Profiles of Impulsivity to Differentiate Constructs of the Dark Triad*. Paper to be presented at the Society for Personality Assessment annual conference, Chicago, IL.
 20. Mason, C.K.***, & **DeShong, H.L.** (2021, October). *Negative thoughts predicting differential conceptualizations of narcissism*. Oral presentation at the annual symposium of Mississippi State University's Graduate Student Association, Starkville, MS.
 19. Kelley, K.***, & **DeShong, H.L.** (2021, October). *Evidence for anger rumination as a transdiagnostic processes within BPD and ASPD*. In S.N. Mullins-Sweatt (Chair). *Emotion dysregulation as a biopsychosocial mechanism of borderline personality disorder*. [Symposium]. International Society for the Study of Personality Disorders, Oslo, Norway.
 18. McDaniel, C. & **DeShong, H.L.** (2021, October). *Reconceptualizing the biosocial model: Contributions from independent childhood factors*. In S.N. Mullins-Sweatt (Chair). *Emotion dysregulation as a biopsychosocial mechanism of borderline personality disorder*. [Symposium]. International Society for the Study of Personality Disorders, Oslo, Norway.
 17. Nelson, S., **Mason, C.K.**, & DeShong, H.L. (2021, October) *Borderline Personality Disorder Traits and Symptoms and Rates of NSSI During the COVID-19 Pandemic: An Initial Investigation*. In S.N. Mullins-Sweatt (Chair). *Emotion dysregulation as a biopsychosocial mechanism of borderline personality disorder*. [Symposium]. International Society for the Study of Personality Disorders, Oslo, Norway.
 16. Kelley, K., & **DeShong, H. L.** (2021, September 29 – October 1). *Revisiting the conceptualization of impulsivity: Integrating self-report and laboratory task data*. Student data blitz presented at the Mississippi Psychological Association 72nd Annual Convention, Biloxi, MS.
 15. **DeShong, H. L.** (2021, September). *Personality Traits and Personality Pathology: Bridging the Divide*. Presented at the Mississippi State University Psychology Department Colloquia Series, Starkville, Mississippi.
 14. Pate, A.R., **DeShong, H.L.**, Stafford, T.W.D., & Nadorff, M.R. (2020, April). *Intersecting identities impacting suicidal ideation and attempts among gender minority adults*. Paper

session presented at the 53rd Annual Conference of the American Association of Suicidology, Portland, OR.

13. McDaniel C.J.***, Pate, A.R., **DeShong, H.L.**, & Nadorff, M.R., (2019, October). *Emotion Dysregulation as a Mediator for Common Sleep Disturbances and Suicide Risk*. Paper presented at the annual meeting of the Mississippi State University Graduate Student Symposium, Starkville, MS.
12. Kelley, K.***, McDaniel, C.***, Titus, C.***, Rufino, K., **DeShong, H. L.**, & Nadorff, M. (2019, April) *Alcohol and Cannabis as Mediators of the Relationship between Emotional Dysregulation and Suicide Attempts. K. Rufino (Chair), Single and Multiple Suicide Attempters: What We Can Learn from an Inpatient Sample*. Symposium accepted for presentation at the American Association of Suicidology Annual Conference, Denver, CO.
11. McDaniel, C.J.***, **DeShong H.L.**, Nadorff M., & Rufino, K. (2019, April). *Differentiating between suicidal ideation, single attempts, and multiple attempts: The role of neuroticism*. Paper presented at the annual meeting of the American Association of Suicidology, Denver, CO.
10. **DeShong, H. L.** (2016, April). *Utilizing dimensional models to understand personality pathology and maladaptive behaviors*. Paper presented at Oklahoma State University Research Presentation, Oklahoma State University, Stillwater, Oklahoma.
9. **DeShong, H. L.** (2016, February). *The role of neuroticism within the Emotional Cascade Model of Borderline Personality Disorder*. Paper presented at Oklahoma State University Research Week. Oklahoma State University, Stillwater, Oklahoma.
8. **DeShong, H. L.** (2015, October). *The Dark Triad: Utilizing the five factor model to decode Machiavellianism*. Paper presented at Oklahoma State University Research Presentation, Oklahoma State University, Stillwater, Oklahoma.
7. **DeShong, H. L.** (2015, April). *The Five Factor Borderline Inventory – Short Form*. Paper presented at Oklahoma State University Research Presentation, Oklahoma State University, Stillwater, Oklahoma.
6. **DeShong, H. L.** (2015, February). *Five Factor Model Traits as a Predictor of Suicide Ideation and Interpersonal Suicide Risk*. Paper presented at Oklahoma State University Research Week. Oklahoma State University, Stillwater, Oklahoma.
5. Helle, A. C., **DeShong, H. L.**, & Mullins-Sweatt, S. N. (2015, February). *Unmasking psychopathy through the assessment of historical case studies*. Paper presentation at Oklahoma State University Research Week Symposium, Stillwater, Oklahoma.
4. Helle, A. C., Meyer, N. A., **DeShong, H. L.**, Lengel, G. J., & Mullins-Sweatt, S. N. (2015, October). *Predicting workplace behaviors: Using general personality traits to examine*

unethical and citizenship workplace behaviors. Presented at the Oklahoma State University Psychology Department Colloquia Series, Stillwater, Oklahoma.

3. Mullins-Sweatt, S. N., **DeShong, H. L.**, Lengel, G. J., & Sauer-Zavala, S. E. (2014, March). Validating a new measure of borderline personality in individuals who self-injure. Paper Presented at the annual convention of the Society for Personality Assessment.
2. **DeShong, H. L.**, & Mullins-Sweatt, S.N. (2014, February). *The Dark Triad and Five-Factor Model of Personality in Predicting Counterproductive Workplace Behaviors*. Paper presented at Oklahoma State University Research Week. Oklahoma State University, Stillwater, Oklahoma.
1. **DeShong, H.L.** (2013, October). *Personality and workplace behaviors: Assessing the five-factor model and dark triad in relation to counterproductive workplace behaviors*. Paper presented at Oklahoma State University Research Presentation, Oklahoma State University, Stillwater, Oklahoma.

POSTERS PRESENTED AT SCIENTIFIC MEETINGS

(*undergraduate mentee; **graduate mentee)

59. Toliver, J.M., Porter, B., & **DeShong H.L.** (2023, August) *Investigating comorbidity rates between BPD and PTSD across men and women*. Poster to be presented at the Mississippi State University Summer Undergraduate Research Showcase, Starkville, MS.
58. Folger, L. F., Helle, A.C., **DeShong, H.L.**, & Mullins-Sweatt, S.N. (2023, April). Does impulsivity relate to psychological wellbeing in individuals who binge eat? Poster presented at the Oklahoma Psychological Society Annual Conference, Edmond, OK, United States.
57. Herndon, M., All, A., Kelley, K., & **DeShong, H.L.** (2023, April). Five Factor Model personality traits subsume the impact of grit on depression, anxiety, and stress. Poster presented at the Mississippi State University Spring 2023 Undergraduate Research Symposium, Mississippi State, MS.
56. All, A., Herndon, M., Kelley, K., & **DeShong, H.L.** (2023, April). Facet-level personality traits account for resiliency effects observed between grit and interpersonal theory of suicide risk factors. Poster presented at the Mississippi State University Spring 2023 Undergraduate Research Symposium, Mississippi State, MS.
55. Brinner, J., Kelley, K., Mason, C., & **DeShong, H.L.** (2023, April). The mediating role of emotion regulation strategies within childhood adversity and suicide risk. Poster presented at the Mississippi State University Spring 2023 Undergraduate Research Symposium, Mississippi State, MS.

54. Aschenbrenner, L., Kelley, K., & **DeShong, H.L.** (2023, April). Limited access to emotion regulation strategies mediates the relation between vulnerable narcissism and suicide risk. Poster presented at the Mississippi State University Spring 2023 Undergraduate Research Symposium, Mississippi State, MS.
53. Hill, A., Miller, J. A., Kelley, K., & **DeShong, H.L.** (2023, April). Five factor model domains differentially predict engagement in anger and depressive rumination. Poster presented at the Mississippi State University Spring 2023 Undergraduate Research Symposium, Mississippi State, MS.
52. Miller, J. M.*, Kelley, K.**, Mason, C. K.**, & **DeShong, H. L.** (2023, April). Examining childhood risk and protective factors and adult attachment styles in relation to borderline personality disorder and depressive symptoms. Poster presented at the Mississippi State University Spring 2023 Undergraduate Research Symposium, Mississippi State, MS.
51. McDaniel, C. J.**, Kelley, K.**, **DeShong, H.L.** (2023, March). Adverse childhood events and antagonistic personality trait: An initial investigation and exploration of Machiavellianism, psychopathy, and narcissism. Poster to be presented as the Society for Personality Assessment annual conference, Austin, TX.
50. Miller, J. A. M.*, Brinner, J. V.*, Mason, C. K.**, & **DeShong, H. L.** (2023, March). Maladaptive adult attachment styles and borderline personality disorder: Investigating differential relations to childhood risk factors. Poster to be presented as the Society for Personality Assessment annual conference, Austin, TX.
49. Mason, C.**, Porter, B., Kelley, K.**, McDaniel, C.**, & **DeShong, H.L.** (2023, March). Development and validation of the Five Factor Borderline Inventory Short Form. Poster to be presented as the Society for Personality Assessment annual conference, Austin, TX.
48. Alvarez Rios, L.*, Kelley, K.**, Mason, C.K.**, & **DeShong, H.L.** (2022, August). Examining Life Satisfaction as a Moderator of the Relation between Borderline Personality Disorder and Alcohol Use. Poster presented at the Mississippi State University Summer Undergraduate Research Showcase, Starkville, MS.
47. Kelley, K.**, & **DeShong, H.L.** (2022, June). *Investigating the Incremental Validity of Self-Report and Behavioral Risk Factors as Predictors of Alcohol-Related Problems*. Poster presented at the Research Society in Alcoholism Annual Conference, Orlando, FL.
46. Vaughn, S.C.*, Mason, C.K.**, & **DeShong, H.L.** (2022, March). *The Dark Triad, Anger Rumination, and Criminal Maladaptive Behaviors*. Poster presented at the Society for Personality Assessment Annual Conference, Chicago, IL.
45. Mason, C.K.** & **DeShong, H.L.** (2022, March) *Facets of the Five Factor Model and Negative Thoughts Predicting Non-Suicidal Self-Injury*. Poster presented at the Society for Personality Assessment Annual Conference, Chicago, IL.

44. Kelley, K.** & **DeShong, H.L.** (2021, September 29 – October 1). *Examining the direct and indirect effects of trait and behavioral predictors of impulsivity on alcohol-related outcomes*. Poster presented at the Mississippi Psychological Association 72nd Annual Convention, Biloxi, MS.
43. Rodriguez, L., **DeShong, H.L.**, & Shriner, M. (2021, August). *Type D Personality as a Predictor of COVID-19-related Dysfunctional Anxiety and Psychological Trauma in the United States*. Poster presented at the American Psychological Association Conference, Virtual.
42. Mason, C.K.** & McDaniel, C.J.** & **DeShong, H.L.** (2020, March). *The Indirect Effects of Narcissism on Antagonism and Anger Rumination*. Poster accepted at the Society for Personality Assessment Conference, San Diego, CA. (Conference canceled).
41. Kelley, K., Walgren, M., & **DeShong, H.L.** (2020, February). *In the Moment: Facets of Mindfulness Differentially Related to Components of Impulsivity*. Poster presented at the Society for Personality and Social Psychology 21st Annual Convention, New Orleans, LA.
40. Kelley, K.K.** & McDaniel, C.J.** & **DeShong H.L.**, (2020, February) *Personality, Grit, and Resilience; Moderating Factors Between Childhood Adversity and Adult Adjustment*. Poster presented at the annual meeting of The Society for Personality and Social Psychology, New Orleans, LA.
39. McDaniel C.J.** & Pate, A.R., **DeShong, H.L.**, & Nadorff, M.R., (2019, November). *Emotion Dysregulation as a Mediator for Common Sleep Disturbances and Suicide Risk*. Poster presented at the annual meeting of the Association for Behavior and Cognitive Therapies Behavioral Sleep Medicine Special Interest Group, Atlanta, GA.
38. Mason, C.K.** & **DeShong, H. L.** (2019, October). *Affective dysregulation and behavior dysregulation are mediated by anger rumination*. Poster presented at the annual symposium of Mississippi State University's Graduate Student Association, Starkville, MS.
37. Billingsley, M.* & McDaniel, C.J.** & Kelley, K.A.** & **DeShong, H.L.**, (2019, April). *The role of personality in the relationship between Suicide Risk and Life Satisfaction*. Poster presented at the annual meeting of the American Association for Suicidology, Denver, CO.
36. Shurden, S.* & Kelley, K.** & **DeShong, H. L.** (2019, April) *Investigating the Potential Chain Mediating Effects Between Neuroticism, Stressful Life Events, and Substance Use in Predicting Suicide Risk*. Poster presented at the annual meeting of the American Association of Suicidology, Denver, CO.
35. Walgren, M.* & McDaniel, C.J.** & **DeShong, H.L.**, Nadorff, M. D., & Rufino, K., (2019, April). *Emotion Dysregulation and Hopelessness as Mediators for Disability and Suicide*.

- Poster presented at the annual meeting of the American Association for Suicidology, Denver, CO.
34. Kelley, K.** & **DeShong, H.L.** (2019, November). *Borderline Features and Suicide: Investigating Pathways through Drug and Alcohol Use*. Poster presented at the Association for Behavioral and Cognitive Therapies 53rd Annual Convention, Atlanta, GA.
 33. Shurden, S.* , Kelley, K.** , & **DeShong, H.L.** (2019, April 16). *Potential mediating effects between neuroticism, substance use, and stressful life events in predicting risk for suicide*. Presented at Mississippi State's Undergraduate Research Symposium, Starkville, MS.
 32. Kelley, K.** & **DeShong, H. L.** (2019, March) *Assessing the Incremental Validity of Neuroticism and Rumination as Predictors of Borderline Personality Disorder Symptoms*. Poster presented at the annual meeting of the Society for Personality Assessment, New Orleans, LA.
 31. McDaniel, C.J.** , Kelley, K.A.** , & **DeShong, H.L.**, (2019, March). *The Relationship between BPD Traits and Rumination in Predicting Suicide Risk*. Poster presented at the annual meeting of the Society for Personality Assessment, New Orleans, LA.
 30. Shurden, S.R.* , McDaniel, C.J.** , & **DeShong, H.L.**, (2019, March). *The Relationship between Neuroticism, Sleep Problems, and Suicide Risk*. Poster presented at the annual meeting of the Society for Personality Assessment, New Orleans, LA.
 29. Walgren, M.* , Kelley, K.** , & **DeShong, H. L.** (2019, March) *Type of Rumination Differentially Predicts Antisocial and Borderline Symptoms*. Poster presented at the Society for Personality Assessment, New Orleans, LA.
 28. **DeShong, H. L.**, & Tucker, R. P. (2018, September). *The influence of sleep problems on suicide within borderline personality disorder*. Poster presented at the annual meeting for the Society for Research in Psychopathology, Indianapolis, IN.
 27. Walgren, M.* & **DeShong, H. L.** (2018, April). *The relationship between personality, rumination, and general mental health*. Poster presented at the annual meeting for Mississippi State University's Honor's College Research Symposium. Starkville, MS.
 26. **DeShong, H. L.**, Grant, D. M., & Mullins-Sweatt, S. N. (2018, March). *Personality predicts rumination above current depression and anxiety symptoms*. Poster presented at the annual meeting for the Society of Personality Assessment, Washington DC.
 25. **DeShong, H. L.**, Morris, D., VanderVeen, J. W., Chermack, S., & Winters, J. (2017, November). *Substance use and suicide safety planning in Veterans: Relationships to psychopathology and combat experience*. Poster presented at the annual meeting for the Association of Behavioral and Cognitive Therapies, San Diego, CA.

24. **DeShong, H. L.**, Morris, D., VanderVeen, J. W., Chermack, S., & Winters, J. (2017, June). *Substance use and suicide safety planning in Veterans: Relationships to psychopathology and combat experience*. Poster presented at the annual Ann Arbor Veteran's Health Center Research Conference, Ann Arbor, MI.
23. **DeShong, H. L.**, Morris, D., VanderVeen, J. W., Chermack, S., & Winters, J. (2017, April). *Substance use, psychopathology, and suicide safety planning in combat and noncombat Veterans*. Poster presented at the annual University of Michigan Silverman Conference, Ann Arbor, MI.
22. McDaniel, C. J., Helle, A. C., **DeShong, H. D.**, & Mullins-Sweatt, S. N. (2017, April). *The relationship between neuroticism, maladaptive reassurance seeking, and general functioning*. Poster presented at the 35th annual meeting of the Oklahoma Psychological Society, Edmond, OK.
21. **DeShong, H. L.** & Mullins-Sweatt, S. N. (2016, October). *The role of neuroticism within the emotional cascade model of borderline personality disorder*. Poster presented at the annual meeting for the Association of Behavioral and Cognitive Therapies, New York City, New York.
20. **DeShong, H. L.** & Mullins-Sweatt, S. N. (2016, April). *The role of neuroticism within the Emotional Cascade Model of Borderline Personality Disorder: A general personality perspective*. Poster presented at the North American Society for the Study of Personality Disorders. New York City, New York.
19. Helle, A. C., **DeShong, H. L.**, Lengel, G. J., Meyer, N. A., Grant, D. M., & Mullins-Sweatt, S. N. (2016, April). *Predictors of affect in real time: Examining the role of neuroticism, agreeableness, and maladaptive dependency*. Poster presented at the North American Society for the Study of Personality Disorders. New York City, New York.
18. Meyer, N. A., Lengel, G. J., Helle, A. C., **DeShong, H. L.**, & Mullins-Sweatt, S. N. (2016, April). *Testing a theoretical model of nonsuicidal self-injury: Personality and social vulnerability factors as predictors for frequency and severity of NSSI*. Poster presented at the North American Society for the Study of Personality Disorders, New York City, NY.
17. **DeShong, H. L.** & Mullins-Sweatt, S. N. (2015, November). *Validation of a new measure of maladaptive behavior*. Poster presented at the annual meeting for the Association of Behavioral and Cognitive Therapies, Chicago, Illinois.
16. **DeShong, H. L.**, Mullins-Sweatt, S. N., Miller, J. D., Widiger, T. A., & Lynam, D. R. (2015, June). *Development of a Short Form of the Five Factor Borderline Inventory*. Poster presented at the bi-annual meeting of the Association for Research in Personality. St. Louis, Missouri.

15. Hadwiger, A., Meyer, N., **DeShong, H. L.**, & Mullins-Sweatt, S. N. (2015, February). *Dependent Personality Disorder: The Five Factor Model Perspective*. Poster presented at the annual Oklahoma State University Research week. Oklahoma State University, Stillwater, Oklahoma.
14. **DeShong, H. L.**, Mullins-Sweatt, S. N., & Lynam, D. R. (2014, September). *Development of an Abbreviated Version of the Five Factor Borderline Inventory*. Poster presented at the annual meeting of the Society for Research in Psychopathology. Evanston, Illinois.
13. **DeShong, H.L.**, & Mullins-Sweatt, S.N. (2014, March). *Assessment of the Dark Triad Constructs using the Five Factor Model and the Dirty Dozen*. Poster presented at the annual meeting of the Society for Personality Assessment. Arlington, Virginia.
12. **DeShong, H. L.**, Tucker, R. P., O’Keefe, V. M., Wingate, L. R., & Mullins-Sweatt, S. N. (2013, November). *Impulsivity and suicide: Painful and provocative events mediate the relationship between impulsivity and acquired capability*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Nashville, Tennessee.
11. **DeShong, H. L.**, Helle, A.C., & Mullins-Sweatt, S.N. (2013, November). *Clinical case studies of psychopathy: The relationship of success, gender, and personality*. Poster presented at the annual meeting of the Oklahoma Psychological Association, Oklahoma City, Oklahoma.
10. O’Meara, M. S., **DeShong, H.L.**, & Mullins-Sweatt, S.N. (2013, November). *Nonsuicidal self-injury: Prevalence, functions, and relation to borderline personality symptoms*. Poster presented at the annual meeting of the Oklahoma Psychological Association, Oklahoma City, Oklahoma.
9. Hills, M.E., **DeShong, H.L.**, & Mullins-Sweatt, S.N. (2013, November). *Personality traits as predictors of unethical decision-making*. Poster presented at the annual meeting of the Oklahoma Psychological Association, Oklahoma City, Oklahoma.
8. O’Meara, M. S., **DeShong, H. L.**, & Mullins-Sweatt, S. N. (2013, April). *The role of self-esteem on functions of nonsuicidal self-injury*. Poster presented at the annual meeting of the Wentz Scholarship, Oklahoma State University, Stillwater, Oklahoma.
7. **DeShong, H. L.**, O’Meara, M.S., & Mullins-Sweatt, S. N. (2012, November). *Construct validation of the Five Factor Borderline Inventory with the biosocial theory of BPD*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, National Harbor, Maryland.
6. Tucker, M. P., **DeShong, H. L.**, O’Keefe, V. M., Slis, M. L., Wingate, L. R. & Mullins-Sweatt, S. N. (2012, November). *Protective capability of Extraversion against suicide, suicidal ideation, and thwarted belongingness and perceived burdensomeness*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, National Harbor, Maryland.

5. **DeShong, H. L.**, & Mullins-Sweatt, S.N. (2012, November). *Personality Traits and Workplace Behaviors*. Poster presented at the annual meeting of the Oklahoma Psychological Association, Oklahoma City, OK.
4. **DeShong, H. L.**, Lengel, G. J., O'Meara, & Mullins-Sweatt, S. N. (2012, October). *Validation of the FFBI with a nonsuicidal self-injury sample and with the Biosocial Theory of Borderline Personality Disorder*. Poster presented at the annual meeting of the Society for Research in Psychopathology, Ann Harbor Michigan.
3. **DeShong, H. L.**, Deason, D., & Mullins-Sweatt, S. N. (2011, November). *Comparisons of the SWAP-200 with the NEO-PI-R and the MMPI-2 PSY-5 scales*. Poster session presented at the annual meeting of the Oklahoma Psychological Association, Tulsa, OK.
2. **DeShong, H. L.**, & Kurtz, J. E. (2011, March). *Differentiating BPD and APD using the four factors of impulsivity*. Poster session presented at the annual meeting of the Society for Personality Assessment, Boston, MA.
1. **DeShong, H. L.**, Bonatsos, A., D'Orazio, R. J., & Brand, R. J. (2011, March). *Correlations between photo qualities and text qualities in men's online dating profiles*. Poster presented at the annual meeting of the Eastern Psychological Association, Cambridge, MA.

HONORS AND AWARDS

2023	Early Career Travel Grant, Society for Personality Assessment
2022	Diversity Travel Award, Society for Personality Assessment
2020	MSU Psychology Department, Teacher of the Year Award
2020	Early Career Travel Grant, Society for Personality Assessment
2019	MSU Psychology Department Mentor of the Year Award
2019	Early Career Travel Grant, Society for Personality Assessment
2019	ACADEX Faculty Travel Award, Mississippi State University
2018	NIH Loan Repayment Program Recipient
2018	SEC Faculty Travel Grant, Mississippi State University
2018	ACADEX Faculty Travel Award, Mississippi State University
2018	Early Career Travel Grant, Society for Personality Assessment
2018	ACADEX Faculty Travel Award, Mississippi State University
2017	Graduate and Professional Students Government Association Travel Award, Oklahoma State University
2016	Outstanding Student in Clinical Psychology Award, Oklahoma State University Psychology Department
2016	Robberson Summer Dissertation Fellowship, Oklahoma State University
2015	Qualtrics Research Grant
2015	Graduate and Professional Students Government Association Travel Award, Oklahoma State University
2015	Distinguished Graduate Student Fellowship, Oklahoma State University

- 2014 Graduate and Professional Students Government Association Travel Award, Oklahoma State University
- 2014 Graduate and Professional Students Government Association Travel Award, Oklahoma State University
- 2014 Society for Personality Assessment Student Travel Award
- 2013 Remember the Ten Scholarship, Oklahoma State University
- 2012 National Society of Collegiate Scholars Chapter Scholarship, Oklahoma State University
- 2010-2011 Graduate Assistant Scholarship, Villanova University
- 2009-2010 Tuition Scholarship, Villanova University
- 2005-2009 Blue and Gold Level 1 Academic Scholarship, West Virginia University

PROFESSIONAL SERVICE

Mississippi State University

- 2017-Present MSU Psychology Clinical Training Committee Member
- 2017-Present MSU Psychology Clinic Committee Member
- 2018-Present MSU Psychology Department Library Liaison
- 2018-Present MSU Psychology Department Undergraduate Committee Member
- 2018-Present Founding Member of the Phi Beta Kappa Society at MSU
- 2021-Present Facilitator of an IDEA reading group
- 2022-Present IDEA Clinical Faculty Representative

Editorial Service

Consulting Editor

Assessment 2022-Present

Ad-Hoc Reviewer

Applied Psychology: An International Review

Assessment

Behavioral Sciences

BMC Psychiatry

Current Psychology

European Journal of Psychological Assessment

International Journal of Environmental Research and Public Health

International Journal of Psychiatry in Medicine

Journal of Affective Disorders

Journal of Clinical Psychology

Journal of Consulting and Clinical Psychology

Journal of Mental Health and Clinical Psychology

Journal of Personality Assessment

Journal of Personality Disorders

Journal of Psychopathology and Behavioral Assessment

Journal of Research in Personality

New Media and Society

Personality and Individual Differences

Personality Disorders: Theory, Research, and Treatment

Personality and Mental Health
Psychiatry Research
Psychological Assessment
Risk Management and Healthcare Policy
Social Science Journal
Translational Issues in Psychological Science
Violence and Victims

Teaching Experience

Instructor of Record at Mississippi State University
 Advanced Topics in Clinical Psychotherapy and Intervention
 Advanced Clinical Seminar on Motivational Interviewing
 Internal Practicum Supervision
 Personality Appraisal
 Systems of Psychotherapy
 Theories of Personality

Instructor of Record Oklahoma State University
 Psychology of Human Problems
 Introduction to Psychology

Laboratory Instructor at Oklahoma State University
 Experimental Psychology/Research Methods
 Graduate Level Cognitive Assessment
 Abnormal Psychology

Teaching Assistant Oklahoma State University
 Comparative Psychology and Basics in Behaviorism
 Graduate Level Personality Assessment Teaching Assistant
 History of Psychology Teaching Assistant
 Cognitive Science Teaching Assistant
 Psychology and Human Problems Teaching Assistant
 Psychology and Media Teaching Assistant

Teaching Assistant West Virginia University
 Teaching Assistant for Freshman Orientation class
 Teaching Assistant for Developmental Psychology Class
 Teaching Assistant for Small Group Communications Class

Clinical Positions

January 2018-Present

MSU Psychology Clinic
 Starkville, Mississippi

August 2016 – August 2017

Veteran's Affairs Ann Arbor Healthcare System
 (APA Accredited Program)
 Supervisors: Dr. Rebecca Lusk

Dr. Jennifer Coughlin
Ann Arbor, Michigan

- July 2014 – June 2015 Veterinary Medicine Psychological Services Association
Supervisor: Dr. Thad Leffingwell
Stillwater, OK
- August 2013 – July 2014 Wings of Hope Family Crisis Center Counseling Intern
Supervisors: Dr. Lana Beasley
Brenda Gill, LMFT
Stillwater, OK
- August 2011 – August 2015 Psychological Services Center (PSC) Associate
Supervisors: Dr. Stephanie Sweatt
Dr. Tony Wells
Dr. Matt Alderson
Stillwater, OK

Professional activities/affiliations

- 2019-Present Research Society on Alcoholism
- 2018-Present American Association of Suicidology
- 2017-Present Sigma Xi
- 2015-Present Association for Research in Personality
- 2014-Present North American Society for the Study of Personality Disorders
- 2012-Present Association for Behavioral and Cognitive Therapies
- 2012-Present Society for Research in Psychopathology
- 2011-2017 Oklahoma Psychological Association
- 2011-Present Society for Personality Assessment
- 2011-Present American Psychological Association
- 2009-Present Phi Beta Kappa Society
- 2008-Present Psi Chi National Honor Society
- 2006-Present Golden Key National Honor Society
- 2006-Present National Society of Collegiate Scholars
- 2006-Present Phi Kappa Phi Honor Society

Public Service

Personality Disorders: DSM-5 and Beyond. (2022, September). Presentation to MSU Clinical Psychology students on the DSM-5 PD model and the DSM-5 Alternative model.

Psychologist Round Table. (2022, March). Panel discussion presented to the MSU Student Counseling Services Interns.

Dialectical Behavior Therapy (DBT): Therapy for Borderline Personality Disorder. (2022, February). Workshop presented to the MSU Student Counseling Services Interns.

Psychologist Round Table. (2021, October). Panel discussion presented to the MSU Student Counseling Services Interns.

Mock Oral Exams. (2021, June). Panel discussion presented to the MSU Student Counseling Services Interns.

Psychologist Round Table. (2021, March). Panel discussion presented to the MSU Student Counseling Services Interns.

Mississippi Licensure Process and the EPPP. (2021, February). Workshop presented to the MSU Student Counseling Services Interns.

Interpersonal Psychotherapy: A Case Example of a Veteran Caregiver. (2021, January). Workshop presentation provides to the psychology department graduate students and faculty.

Psychologist Round Table. (2020, October). Panel discussion presented to the MSU Student Counseling Services Interns.

Psychologist Round Table. (2020, April). Panel discussion presented to the MSU Student Counseling Services Interns.

Mississippi Licensure Process and the EPPP. (2020, March). Workshop presented to the MSU Student Counseling Services Interns.

Personality and Leadership (2019, December). Workshop provided to the Mississippi Police Department.

Stress, Trauma, and Student Success. (2019, September). Panel discussion presented to faculty, instructors of record, and teaching assistants at Mississippi State University.

The Academic Job Market. (2019, September). Workshop presentation provided to the psychology department graduate students and faculty.

Veteran Caregivers. (September 2018). Workshop presentation provides to the psychology department graduate students and faculty.

Media Activities

Interviewed for a story on daily stressors and coping skills, February 27, 2019, <https://www.youtube.com/watch?v=PxXAIPhISfQ&list=PLHDgJHKfAB2mF9M1MWyg29ExKFD102y-o&index=164>

Interviewed for a story on Anxiety during back to school and other life transitions, August 27th, 2018, <https://www.youtube.com/watch?v=U-hVciMdzIw&list=PLHDgJHKfAB2mF9M1MWyg29ExKFD102y-o&index=253>

Interviewed for a story on Mindfulness and the mindfulness group offered by the MSU Psychology Clinic, May 29, 2018, <https://www.youtube.com/watch?v=19pzKirUUGU>