

**Hilary L. DeShong, Ph.D.**  
**Curriculum Vitae**

**Address**

**Department of Psychology**  
**P.O. Box 6161**  
**Mississippi State, MS 39762**

**Contact**

**Email: hld166@msstate.edu**  
**Phone: 662-325-7771**  
**Licensed Clinical Psychologist MS 59-1033**

**ACADEMIC AND PROFESSIONAL POSITIONS**

August 2017-Current      Assistant Professor, Tenure-Track  
Department of Psychology  
Mississippi State University  
Starkville, Mississippi

August 2016-August 2017      Clinical Psychology Intern  
Ann Arbor VA Healthcare System  
Ann Arbor, Michigan

**EDUCATIONAL HISTORY**

08/2013-08/2017      **Doctor of Philosophy in Clinical Psychology**  
Oklahoma State University; Stillwater, Oklahoma  
(APA Accredited Program)  
**Dissertation Title:** *Neuroticism as a Predictor of  
Rumination and Maladaptive Behaviors: A Prospective Approach*  
**Chairperson:** Stephanie N. Mullins-Sweatt, Ph.D.

08/2011-07/2013      **Master of Science in Psychology**  
Oklahoma State University; Stillwater, Oklahoma  
**Thesis Title:** *Personality and Workplace Behaviors:  
Assessing the Five-Factor Model and Dark Triad in Relation to  
Counterproductive Workplace Behaviors*  
**Chairperson:** Stephanie N. Mullins-Sweatt, Ph.D.

08/2009-08/2011      **Master of Science in Psychology**  
Villanova University; Villanova, Pennsylvania  
**Thesis Title:** *Differentiating Between Borderline and  
Antisocial Personality Disorders Using the Four Factors of  
Impulsivity*  
**Chairperson:** John Kurtz, Ph.D.

08/2005-05/2009      **Bachelor of Science in Psychology, Summa Cum Laude**  
**Phi Beta Kappa Inductee**  
West Virginia University; Morgantown, West Virginia

**PEER-REVIEWED PUBLICATIONS**

(\*undergraduate mentee; \*\*graduate mentee)

28. Dozier, M., & **DeShong, H. L.** (In Press). The association between personality traits and hoarding behaviors. *Current Opinion in Psychiatry*.
27. Kelley, K.\*\*, Walgren, M.D.\*, & **DeShong, H. L.** (2021). Rumination as a transdiagnostic process: The role of rumination in relation to antisocial and borderline symptoms. *Journal of Affective Disorders, 295*, 865-872.
26. Rodriguez, L., **DeShong, H. L.**, & Shriner, M. (2021). Type D Personality as a Predictor of COVID-19-related Dysfunctional Anxiety and Psychological Trauma in the United States. *EC Psychology and Psychiatry, 10.9*, 01-11.
25. Fastring, D. R., Nadorff, D. K., & **DeShong, H. L.** (2021). The influence of rurality on fruit and vegetable intake and BMI: Findings in Mississippi are not consistent with those at the national level. *International Journal of Environmental Research and Public Health, 18*, 5021, 1-13.
24. Robertson, M. N., **DeShong, H. L.**, Steen, J. S., Buys, D. R., & Nadorff, M. R. (2021). Mental health first aid training for extension agents in rural communities. *Suicidal and Life-Threatening Behavior, 51*, 301-307.
23. Nadorff, M.R., **DeShong, H.L.**, Golding, S., Cerel, J., McDaniel, C.J.\*\*, Pate, A.R., Kelley, K.\*\*, & Walgren, M.D.\* (2021). Rates of exposure to natural, accidental, and suicide deaths. *Suicide and Life-Threatening Behavior, 51*, 478-481.
22. Titus, C. E.\*\*, & **DeShong, H. L.** (2020). Thought control strategies as predictors of borderline personality disorder and suicide risk. *Journal of Affective Disorders, 266*, 349-355.
21. Mullins-Sweatt, S. N., **DeShong, H. L.**, Lengel, G. J., Helle, A. C., & Krueger, R. F. (2019). Disinhibition as a unifying construct in understanding how personality dispositions undergird psychopathology. *Journal of Research in Personality, 80*, 55-61.
20. **DeShong, H. L.**, Grant, D. M., & Mullins-Sweatt, S. N. (2019). Precursors of the Emotional Cascade Model of BPD: The role of neuroticism, childhood emotional vulnerability, and parental invalidation. *Personality Disorders: Theory, Research, and Treatment, 10*, 317-329.
19. Daghigh, A., **DeShong, H. L.**, Daghigh, V., Niazi, M., & Titus, C. E.\*\* (2019). Exploring the relation between religiosity and narcissism in an Iranian sample. *Personality and Individual Differences, 139*, 96-101.

18. **DeShong, H. L.**, & Tucker, R. P. (2019). Borderline Personality Disorder and suicide risk: The mediating role of insomnia and nightmares. *Journal of Affective Disorders*, *244*, 85-91.
17. Helle, A. J., **DeShong, H. L.**, Lengel, G. J., Meyer, N., Butler, J., & Mullins-Sweatt, S. N. (2018). Utilizing Five Factor Model facets to conceptualize counterproductive, unethical, and organizational citizenship workplace behaviors. *Personality and Individual Differences*, *135*, 113-120.
16. Helle, A. C., **DeShong, H. L.**, Baraldi, A. N., & Mullins-Sweatt, S. N. (2018). The Five Factor Borderline Inventory: Behavioral outcomes over time. *Psychological Assessment*, *30*, 43-61.
15. **DeShong, H. L.**, Helle, A. C., Lengel, G. J., Meyer, N., & Mullins-Sweatt, S. N. (2017). Facets of the Dark Triad: Utilizing the five factor model to describe Machiavellianism. *Personality and Individual Differences*, *105*, 218-223.
14. Meyer, N. A., Helle, A. C., Tucker, R. P., Lengel, G. J., **DeShong, H. L.**, Wingate, L. R., & Mullins-Sweatt, S. N. (2017). Humor styles moderate borderline personality traits and suicide ideation. *Psychiatry Research*, *249*, 337-342.
13. Oltmanns, J. R., **DeShong, H. L.**, Sanders, C. A., & Kurtz, J. E. (2016). Validation of the Five-Factor Model personality disorder prototype counts with the personality assessment inventory. *Journal of Psychopathology and Behavioral Assessment*, *38*, 590-599.
12. Lengel, G. J., Helle, A. C., **DeShong, H. L.**, Meyer, N., & Mullins-Sweatt, S. N. (2016). Translational applications of personality science for the conceptualization and treatment of psychopathology. *Clinical Psychology: Science and Practice*, *23*, 288-308.
11. **DeShong, H.L.**, Helle, A.C., & Mullins-Sweatt, S.N. (2016). Unmasking Cleckley's psychopathy: Assessing historical case studies. *Personality and Mental Health*, *10*, 141-151.
10. Mullins-Sweatt, S. N., Lengel, G. J., & **DeShong, H. L.** (2016). The importance of considering clinical utility in the construction of a diagnostic manual. *Annual Review of Clinical Psychology*, *12*, 133-155.
9. Lengel, G. J., **DeShong, H.L.**, & Mullins-Sweatt, S. N. (2016). Impulsivity and nonsuicidal self-injury: Examining the role of affect manipulation. *Journal of Psychopathology and Behavioral Assessment*, *38*, 101-112.
8. **DeShong, H.L.**, Mullins-Sweatt, S. N., Miller, J. D., Widiger, T. A., & Lynam, D. R. (2016). Development of a Short Form of the Five Factor Borderline Inventory. *Assessment*, *23*, 342-352.

7. **DeShong, H. L.**, Lengel, G. J., Sauer-Zavala, S. E., O'Meara, M. & Mullins-Sweatt, S. N. (2015). Construct validity of the Five Factor Borderline Inventory. *Assessment*, 22, 319-331.
6. **DeShong, H. L.**, Tucker, R. P., O'Keefe, V. M., Mullins-Sweatt, S. N., & Wingate, L. R. (2015). Five factor model traits as a predictor of suicidal ideation and interpersonal suicide risk in a college sample. *Psychiatry Research*, 226, 217-223.
5. **DeShong, H.L.**, Grant, D., & Mullins-Sweatt, S. N. (2015). Comparing models of counterproductive workplace behaviors: The Five Factor Model and the Dark Triad. *Personality and Individual Differences*, 74, 55-60.
4. Tucker, R. P., O'Keefe, V.M., Cole, A.B., Rhodes-Kerswill, S., Hollensworth, D., Helle., A., **DeShong, H. L.**, Mullins-Sweatt, S.N., & Wingate, L.R. (2014). Mindfulness tempers the impact of personality on suicidal ideation. *Personality and Individual Differences*, 68, 229-233.
3. **DeShong, H.L.**, & Kurtz, J. E. (2013). Four factors of impulsivity differentiate antisocial and borderline personality disorders. *Journal of Personality Disorders*, 27, 144-156.
2. **DeShong, H. L.**, Mullins-Sweatt, S. N., & Widiger, T. A. (2012). Which 5?: Examining Personality Pathology with the Five Factor Model and Personality Psychopathology-5. *New Developments in Personality Disorders Research*. Nova Science Publishers, Inc.
1. Brand, R. J., Bonatsos, A., D'Orazio, R. J., & **DeShong, H. L.** (2012). What is beautiful is good, even online: Correlations between photo qualities and text qualities in men's online dating profiles. *Computers in Human Behavior*, 28, 166-170

### **MANUSCRIPTS UNDER REVIEW**

(\*undergraduate mentee; \*\*graduate mentee)

Athar, M. E., Jazi, E. A., Lashgari, Z., Azizi, M., Karimi, S., & **DeShong, H. L.** Psychometric properties of the Persian version of the short-form five factor borderline inventory (FFBI-SF).

**DeShong, H.L.**, & Kelley, K.\*\* Investigating the incremental validity of negative thinking styles and facets of neuroticism within depression, anxiety, and borderline personality disorder

Lass, A., Winer, E. W. & **DeShong, H. L.** What is distress tolerance? A mixed methods investigation into distress tolerance and its measurement.

McDaniel, C. J.\*\* , **DeShong, H. L.**, Nadorff, M. D., & Rufino, K. The Synergistic Effects of Neuroticism and Extraversion on Suicidal Ideation, Single Attempts, and Multiple Attempts in an Inpatient Sample

**MANUSCRIPTS IN REVISION**

(\*undergraduate mentee; \*\*graduate mentee)

**DeShong, H.L.**, Mason, C.\*\*, Nelson, S. M., Kelley, K.\*\*, & McDaniel, C.\*\* Borderline personality disorder traits and symptoms and rates of NSSI during the COVID-19 Pandemic: An initial investigation

Jai, E. A., Athar, M. E., & **DeShong, H. L.** The behavioral manifestation of borderline personality traits in social media: Ubiquitous disturbed interpersonal functioning.

Mason, C.\*\*, & **DeShong, H. L.** Antagonism indirectly predicted anger rumination through vulnerable but not grandiose narcissism.

Mason, C.\*\*, Kelley, K.\*\*, & **DeShong, H.L.**, Repetitive Negative Thinking and Personality Pathology: A Review

**EXTERNAL GRANT SUBMISSIONS**

- 2020 NIMH R15 Grant Mechanism  
Title: Reward Devaluation, Positive Valence System Disturbance, and Impairment  
Requested Total Costs: \$423,178  
Role: Co-Investigator  
Result: Funded
- 2020 NIMH R15 Grant Mechanism  
Title: An Experimental Approach to Emotion Regulation: Investigating Rumination, Cognitive Control, and Maladaptive Behaviors  
Requested Total Costs: \$421,155  
Role: Primary Investigator  
Result: Funded
- 2019 NIMH R15 Grant Mechanism  
Title: An Experimental and Ecological Momentary Approach to Emotion Regulation: Investigating Rumination, Cognitive Control, and Maladaptive Behaviors  
Requested Total Costs: \$299,968  
Role: Primary Investigator  
Result: Scored; Not Funded
- 2019 Substance Abuse and Mental Health Services Administration  
(As part of state of Mississippi Garrett Lee Smith grant)  
Title: Innovative MSU Cares – Preventing and Responding to Mississippi Youth Suicide  
Requested Total Costs: \$1,678,552  
Role: Co-Investigator  
Result: Funded

- 2018 Substance Abuse and Mental Health Services Administration  
Title: Mississippi Community Wellness Initiative  
Requested Total Costs: \$375,000 over three years  
Role: Primary Investigator  
Result: Not Funded
- 2018 Military Suicide Research Consortium  
Title: An Examination of the Efficacy and Acceptability of the Dream EZ  
Application in Reducing Nightmares and Suicide Risk  
Requested Total Costs: \$1,074,326 over two years  
Role: Co-Investigator  
Result: Not Funded

### **PAPERS PRESENTED AT SCIENTIFIC MEETINGS**

(\*undergraduate mentee; \*\*graduate mentee)

14. **DeShong, H. L.** (2021, September). *Personality Traits and Personality Pathology: Bridging the Divide*. Presented at the Mississippi State University Psychology Department Colloquia Series, Starkville, Mississippi.
13. Pate, A.R., **DeShong, H.L.**, Stafford, T.W.D., & Nadorff, M.R. (2020, April). *Intersecting identities impacting suicidal ideation and attempts among gender minority adults*. Paper session presented at the 53rd Annual Conference of the American Association of Suicidology, Portland, OR.
12. McDaniel C.J.\*\*, Pate, A.R., **DeShong, H.L.**, & Nadorff, M.R., (2019, October). *Emotion Dysregulation as a Mediator for Common Sleep Disturbances and Suicide Risk*. Paper presented at the annual meeting of the Mississippi State University Graduate Student Symposium, Starkville, MS.
11. Kelley, K.\*\*, McDaniel, C.\*\*, Titus, C.\*\*, Rufino, K., **DeShong, H. L.**, & Nadorff, M. (2019, April) *Alcohol and Cannabis as Mediators of the Relationship between Emotional Dysregulation and Suicide Attempts*. K. Rufino (Chair), *Single and Multiple Suicide Attempters: What We Can Learn from an Inpatient Sample*. Symposium accepted for presentation at the American Association of Suicidology Annual Conference, Denver, CO.
10. McDaniel, C.J.\*\*, **DeShong H.L.**, Nadorff M., & Rufino, K. (2019, April). *Differentiating between suicidal ideation, single attempts, and multiple attempts: The role of neuroticism*. Paper presented at the annual meeting of the American Association of Suicidology, Denver, CO.
9. **DeShong, H. L.** (2016, April). *Utilizing dimensional models to understand personality pathology and maladaptive behaviors*. Paper presented at Oklahoma State University Research Presentation, Oklahoma State University, Stillwater, Oklahoma.

8. **DeShong, H. L.** (2016, February). *The role of neuroticism within the Emotional Cascade Model of Borderline Personality Disorder*. Paper presented at Oklahoma State University Research Week. Oklahoma State University, Stillwater, Oklahoma.
7. **DeShong, H. L.** (2015, October). *The Dark Triad: Utilizing the five factor model to decode Machiavellianism*. Paper presented at Oklahoma State University Research Presentation, Oklahoma State University, Stillwater, Oklahoma.
6. **DeShong, H. L.** (2015, April). *The Five Factor Borderline Inventory – Short Form*. Paper presented at Oklahoma State University Research Presentation, Oklahoma State University, Stillwater, Oklahoma.
5. **DeShong, H. L.** (2015, February). *Five Factor Model Traits as a Predictor of Suicide Ideation and Interpersonal Suicide Risk*. Paper presented at Oklahoma State University Research Week. Oklahoma State University, Stillwater, Oklahoma.
4. Helle, A. C., **DeShong, H. L.**, & Mullins-Sweatt, S. N. (2015, February). *Unmasking psychopathy through the assessment of historical case studies*. Paper presentation at Oklahoma State University Research Week Symposium, Stillwater, Oklahoma.
3. Helle, A. C., Meyer, N. A., **DeShong, H. L.**, Lengel, G. J., & Mullins-Sweatt, S. N. (2015, October). *Predicting workplace behaviors: Using general personality traits to examine unethical and citizenship workplace behaviors*. Presented at the Oklahoma State University Psychology Department Colloquia Series, Stillwater, Oklahoma.
2. **DeShong, H. L.**, & Mullins-Sweatt, S.N. (2014, February). *The Dark Triad and Five-Factor Model of Personality in Predicting Counterproductive Workplace Behaviors*. Paper presented at Oklahoma State University Research Week. Oklahoma State University, Stillwater, Oklahoma.
1. **DeShong, H.L.** (2013, October). *Personality and workplace behaviors: Assessing the five-factor model and dark triad in relation to counterproductive workplace behaviors*. Paper presented at Oklahoma State University Research Presentation, Oklahoma State University, Stillwater, Oklahoma.

#### **POSTERS PRESENTED AT SCIENTIFIC MEETINGS**

(\*undergraduate mentee; \*\*graduate mentee)

40. Rodriguez, L., **DeShong, H. L.**, & Shriner, M. (2021, August). *Type D Personality as a Predictor of COVID-19-related Dysfunctional Anxiety and Psychological Trauma in the United States*. Poster presented at the American Psychological Association Conference, Virtual.

39. Mason, C.K.\*\* , McDaniel, C.J.\*\* , & **DeShong, H.L.** (2020, March). *The Indirect Effects of Narcissism on Antagonism and Anger Rumination*. Poster accepted at the Society for Personality Assessment Conference, San Diego, CA. (Conference canceled).
38. Kelley, K.K.\*\* , McDaniel, C.J.\*\* , & **DeShong H.L.**, (February 2020) *Personality, Grit, and Resilience; Moderating Factors Between Childhood Adversity and Adult Adjustment*. Poster presented at the annual meeting of The Society for Personality and Social Psychology, New Orleans, LA.
37. McDaniel C.J.\*\* , Pate, A.R., **DeShong, H.L.**, & Nadorff, M.R., (2019, November). *Emotion Dysregulation as a Mediator for Common Sleep Disturbances and Suicide Risk*. Poster presented at the annual meeting of the Association for Behavior and Cognitive Therapies Behavioral Sleep Medicine Special Interest Group, Atlanta, GA.
36. Mason, C.K.\*\* & **DeShong, H. L.** (2019, October). *Affective dysregulation and behavior dysregulation are mediated by anger rumination*. Poster presented at the annual symposium of Mississippi State University's Graduate Student Association, Starkville, MS.
35. Billingsley, M.\* , McDaniel, C.J.\*\* , Kelley, K.A.\*\* , & **DeShong, H.L.**, (2019, April). *The role of personality in the relationship between Suicide Risk and Life Satisfaction*. Poster presented at the annual meeting of the American Association for Suicidology, Denver, CO.
34. Shurden, S.\* , Kelley, K.\*\* , & **DeShong, H. L.** (2019, April) *Investigating the Potential Chain Mediating Effects Between Neuroticism, Stressful Life Events, and Substance Use in Predicting Suicide Risk*. Poster presented at the annual meeting of the American Association of Suicidology, Denver, CO.
33. Walgren, M.\* , McDaniel, C.J.\*\* , **DeShong, H.L.**, Nadorff, M. D., & Rufino, K., (2019, April). *Emotion Dysregulation and Hopelessness as Mediators for Disability and Suicide*. Poster presented at the annual meeting of the American Association for Suicidology, Denver, CO.
32. Kelley, K.\*\* & **DeShong, H. L.** (2019, March) *Assessing the Incremental Validity of Neuroticism and Rumination as Predictors of Borderline Personality Disorder Symptoms*. Poster presented at the annual meeting of the Society for Personality Assessment, New Orleans, LA.
31. McDaniel, C.J.\*\* , Kelley, K.A.\*\* , & **DeShong, H.L.**, (March, 2019). *The Relationship between BPD Traits and Rumination in Predicting Suicide Risk*. Poster presented at the annual meeting of the Society for Personality Assessment, New Orleans, LA.
30. Shurden, S.R.\* , McDaniel, C.J.\*\* , & **DeShong, H.L.**, (March, 2019). *The Relationship between Neuroticism, Sleep Problems, and Suicide Risk*. Poster presented at the annual meeting of the Society for Personality Assessment, New Orleans, LA.



29. Walgren, M.\*, Kelley, K.\*\*, & **DeShong, H. L.** (2019, March) *Type of Rumination Differentially Predicts Antisocial and Borderline Symptoms*. Poster presented at the Society for Personality Assessment, New Orleans, LA.
28. **DeShong, H. L.**, & Tucker, R. P. (2018, September). *The influence of sleep problems on suicide within borderline personality disorder*. Poster presented at the annual meeting for the Society for Research in Psychopathology, Indianapolis, IN.
27. Walgren, M.\* & **DeShong, H. L.** (2018, April). *The relationship between personality, rumination, and general mental health*. Poster presented at the annual meeting for Mississippi State University's Honor's College Research Symposium. Starkville, MS.
26. **DeShong, H. L.**, Grant, D. M., & Mullins-Sweatt, S. N. (2018, March). *Personality predicts rumination above current depression and anxiety symptoms*. Poster presented at the annual meeting for the Society of Personality Assessment, Washington DC.
25. **DeShong, H. L.**, Morris, D., VanderVeen, J. W., Chermack, S., & Winters, J. (2017, November). *Substance use and suicide safety planning in Veterans: Relationships to psychopathology and combat experience*. Poster presented at the annual meeting for the Association of Behavioral and Cognitive Therapies, San Diego, CA.
24. **DeShong, H. L.**, Morris, D., VanderVeen, J. W., Chermack, S., & Winters, J. (2017, June). *Substance use and suicide safety planning in Veterans: Relationships to psychopathology and combat experience*. Poster presented at the annual Ann Arbor Veteran's Health Center Research Conference, Ann Arbor, MI.
23. **DeShong, H. L.**, Morris, D., VanderVeen, J. W., Chermack, S., & Winters, J. (2017, April). *Substance use, psychopathology, and suicide safety planning in combat and noncombat Veterans*. Poster presented at the annual University of Michigan Silverman Conference, Ann Arbor, MI.
22. McDaniel, C. J., Helle, A. C., **DeShong, H. D.**, & Mullins-Sweatt, S. N. (2017, April). *The relationship between neuroticism, maladaptive reassurance seeking, and general functioning*. Poster presented at the 35<sup>th</sup> annual meeting of the Oklahoma Psychological Society, Edmond, OK.
21. **DeShong, H. L.** & Mullins-Sweatt, S. N. (2016, October). *The role of neuroticism within the emotional cascade model of borderline personality disorder*. Poster presented at the annual meeting for the Association of Behavioral and Cognitive Therapies, New York City, New York.
20. **DeShong, H. L.** & Mullins-Sweatt, S. N. (2016, April). *The role of neuroticism within the Emotional Cascade Model of Borderline Personality Disorder: A general personality perspective*. Poster presented at the North American Society for the Study of Personality Disorders. New York City, New York.

19. Helle, A. C., **DeShong, H. L.**, Lengel, G. J., Meyer, N. A., Grant, D. M., & Mullins-Sweatt, S. N. (2016, April). *Predictors of affect in real time: Examining the role of neuroticism, agreeableness, and maladaptive dependency*. Poster presented at the North American Society for the Study of Personality Disorders. New York City, New York.
18. Meyer, N. A., Lengel, G. J., Helle, A. C., **DeShong, H. L.**, & Mullins-Sweatt, S. N. (2016, April). *Testing a theoretical model of nonsuicidal self-injury: Personality and social vulnerability factors as predictors for frequency and severity of NSSI*. Poster presented at the North American Society for the Study of Personality Disorders, New York City, NY.
17. **DeShong, H. L.** & Mullins-Sweatt, S. N. (2015, November). *Validation of a new measure of maladaptive behavior*. Poster presented at the annual meeting for the Association of Behavioral and Cognitive Therapies, Chicago, Illinois.
16. **DeShong, H. L.**, Mullins-Sweatt, S. N., Miller, J. D., Widiger, T. A., & Lynam, D. R. (2015, June). *Development of a Short Form of the Five Factor Borderline Inventory*. Poster presented at the bi-annual meeting of the Association for Research in Personality. St. Louis, Missouri.
15. Hadwiger, A., Meyer, N., **DeShong, H. L.**, & Mullins-Sweatt, S. N. (2015, February). *Dependent Personality Disorder: The Five Factor Model Perspective*. Poster presented as the annual Oklahoma State University Research week. Oklahoma State University, Stillwater, Oklahoma.
14. **DeShong, H. L.**, Mullins-Sweatt, S. N., & Lynam, D. R. (2014, September). *Development of an Abbreviated Version of the Five Factor Borderline Inventory*. Poster presented at the annual meeting of the Society for Research in Psychopathology. Evanston, Illinois.
13. **DeShong, H.L.**, & Mullins-Sweatt, S.N. (2014, March). *Assessment of the Dark Triad Constructs using the Five Factor Model and the Dirty Dozen*. Poster presented at the annual meeting of the Society for Personality Assessment. Arlington, Virginia.
12. **DeShong, H. L.**, Tucker, R. P., O'Keefe, V. M., Wingate, L. R., & Mullins-Sweatt, S. N. (2013, November). *Impulsivity and suicide: Painful and provocative events mediate the relationship between impulsivity and acquired capability*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Nashville, Tennessee.
11. **DeShong, H. L.**, Helle, A.C., & Mullins-Sweatt, S.N. (2013, November). *Clinical case studies of psychopathy: The relationship of success, gender, and personality*. Poster presented at the annual meeting of the Oklahoma Psychological Association, Oklahoma City, Oklahoma.
10. O'Meara, M. S., **DeShong, H.L.**, & Mullins-Sweatt, S.N. (2013, November). *Nonsuicidal self-injury: Prevalence, functions, and relation to borderline personality symptoms*.

Poster presented at the annual meeting of the Oklahoma Psychological Association, Oklahoma City, Oklahoma.

9. Hills, M.E., **DeShong, H.L.**, & Mullins-Sweatt, S.N. (2013, November). *Personality traits as predictors of unethical decision-making*. Poster presented at the annual meeting of the Oklahoma Psychological Association, Oklahoma City, Oklahoma.
8. O'Meara, M. S., **DeShong, H. L.**, & Mullins-Sweatt, S. N. (2013, April). *The role of self-esteem on functions of nonsuicidal self-injury*. Poster presented at the annual meeting of the Wentz Scholarship, Oklahoma State University, Stillwater, Oklahoma.
7. **DeShong, H. L.**, O'Meara, M.S., & Mullins-Sweatt, S. N. (2012, November). *Construct validation of the Five Factor Borderline Inventory with the biosocial theory of BPD*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, National Harbor, Maryland.
6. Tucker, M. P., **DeShong, H. L.**, O'Keefe, V. M., Sligh, M. L., Wingate, L. R. & Mullins-Sweatt, S. N. (2012, November). *Protective capability of Extraversion against suicide, suicidal ideation, and thwarted belongingness and perceived burdensomeness*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, National Harbor, Maryland.
5. **DeShong, H. L.**, & Mullins-Sweatt, S.N. (2012, November). *Personality Traits and Workplace Behaviors*. Poster presented at the annual meeting of the Oklahoma Psychological Association, Oklahoma City, OK.
4. **DeShong, H. L.**, Lengel, G. J., O'Meara, & Mullins-Sweatt, S. N. (2012, October). *Validation of the FFBI with a nonsuicidal self-injury sample and with the Biosocial Theory of Borderline Personality Disorder*. Poster presented at the annual meeting of the Society for Research in Psychopathology, Ann Arbor Michigan.
3. **DeShong, H. L.**, Mullins-Sweatt, S. N., & Deason, D. (2011, November). *Comparisons of the SWAP-200 with the NEO-PI-R and the MMPI-2 PSY-5 scales*. Poster session presented at the annual meeting of the Oklahoma Psychological Association, Tulsa, OK.
2. **DeShong, H. L.**, & Kurtz, J. E. (2011, March). *Differentiating BPD and APD using the four factors of impulsivity*. Poster session presented at the annual meeting of the Society for Personality Assessment, Boston, MA.
1. **DeShong, H. L.**, Bonatsos, A., D'Orazio, R. J., & Brand, R. J. (2011, March). *Correlations between photo qualities and text qualities in men's online dating profiles*. Poster presented at the annual meeting of the Eastern Psychological Association, Cambridge, MA.

### **HONORS AND AWARDS**

2020 MSU Psychology Department, Teacher of the Year Award

- 2020 Early Career Travel Grant, Society for Personality Assessment  
 2019 MSU Psychology Department Mentor of the Year Award  
 2019 Early Career Travel Grant, Society for Personality Assessment  
 2019 ACADEX Faculty Travel Award, Mississippi State University  
 2018 NIH Loan Repayment Program Recipient  
 2018 SEC Faculty Travel Grant, Mississippi State University  
 2018 ACADEX Faculty Travel Award, Mississippi State University  
 2018 Early Career Travel Grant, Society for Personality Assessment  
 2018 ACADEX Faculty Travel Award, Mississippi State University  
 2017 Graduate and Professional Students Government Association Travel Award, Oklahoma State University  
 2016 Outstanding Student in Clinical Psychology Award, Oklahoma State University Psychology Department  
 2016 Robberson Summer Dissertation Fellowship, Oklahoma State University  
 2015 Qualtrics Research Grant  
 2015 Graduate and Professional Students Government Association Travel Award, Oklahoma State University  
 2015 Distinguished Graduate Student Fellowship, Oklahoma State University  
 2014 Graduate and Professional Students Government Association Travel Award, Oklahoma State University  
 2014 Graduate and Professional Students Government Association Travel Award, Oklahoma State University  
 2014 Society for Personality Assessment Student Travel Award  
 2013 Remember the Ten Scholarship, Oklahoma State University  
 2012 National Society of Collegiate Scholars Chapter Scholarship, Oklahoma State University  
 2010-2011 Graduate Assistant Scholarship, Villanova University  
 2009-2010 Tuition Scholarship, Villanova University  
 2005-2009 Blue and Gold Level 1 Academic Scholarship, West Virginia University

### **PROFESSIONAL SREVICE**

#### **Mississippi State University**

- 2017- Clinical Training Committee Member  
 2017- MSU Psychology Clinic Committee Member  
 2018- MSU Psychology Department Library Liaison  
 2018- MSU Psychology Department Undergraduate Committee Member  
 2018- Founding Member of the Phi Beta Kappa Society at MSU

#### **Editorial Service**

Ad-Hoc Reviewer

*Applied Psychology: An International Review  
 Assessment  
 Current Psychology  
 European Journal of Psychological Assessment  
 Journal of Affective Disorders  
 Journal of Clinical Psychology*

*Journal of Consulting and Clinical Psychology*  
*Journal of Mental Health and Clinical Psychology*  
*Journal of Personality Assessment*  
*Journal of Personality Disorders*  
*Journal of Psychopathology and Behavioral Assessment*  
*Journal of Research in Personality*  
*New Media and Society*  
*Personality and Individual Differences*  
*Personality Disorders: Theory, Research, and Treatment*  
*Personality and Mental Health*  
*Psychiatry Research*  
*Risk Management and Healthcare Policy*  
*Social Science Journal*  
*Translational Issues in Psychological Science*

### **Teaching Experience**

#### Instructor:

Advanced Topics in Clinical Psychotherapy and Intervention, MSU  
Systems of Psychotherapy, MSU  
Theories of Personality, MSU  
Internal Practicum, MSU  
Personality Appraisal, MSU  
Psychology of Human Problems, OSU  
Introduction to Psychology, OSU

#### Laboratory Instructor:

Experimental Psychology/Research Methods, OSU  
Graduate Level Cognitive Assessment, OSU  
Abnormal Psychology, OSU  
Abnormal Psychology, OSU

#### Teaching Assistant:

Comparative Psychology and Basics in Behaviorism, OSU  
Graduate Level Personality Assessment Teaching Assistant, OSU  
History of Psychology Teaching Assistant, OSU  
Cognitive Science Teaching Assistant, OSU  
Psychology and Human Problems Teaching Assistant, OSU  
Psychology and Media Teaching Assistant, OSU  
Graduate Teaching Assistant for Dr. Steven Krauss, Villanova  
Teaching Assistant for Freshman Orientation class, WVU  
Teaching Assistant for Developmental Psychology Class, WVU  
Teaching Assistant for Small Group Communications Class, WVU

#### Invited Lecturer:

Cognitive Science, OSU  
Introduction to Psychology, OSU

Guest lecturer for Abnormal Psychology, OSU  
 Guest lecturer for Introduction to Psychology, OSU

### **Clinical Experience**

January 2018-	MSU Psychology Clinic Starkville, Mississippi
August 2016 – August 2017	Veteran’s Affairs Ann Arbor Healthcare System (APA Accredited Program) Supervisors: Dr. Rebecca Lusk Dr. Jennifer Coughlin Ann Arbor, Michigan
July 2014 – June 2015	Veterinary Medicine Psychological Services Association Supervisor: Dr. Thad Leffingwell Stillwater, OK
August 2013 – July 2014	Wings of Hope Family Crisis Center Counseling Intern Supervisors: Dr. Lana Beasley Brenda Gill, LMFT Stillwater, OK
August 2011 – August 2015	Psychological Services Center (PSC) Associate Supervisors: Dr. Stephanie Sweatt Dr. Tony Wells Dr. Matt Alderson Stillwater, OK

### **Professional activities/affiliations**

2006-Present Golden Key National Honor Society  
 2006-Present National Society of Collegiate Scholars  
 2006-Present Phi Kappa Phi Honor Society  
 2008-Present Psi Chi National Honor Society  
 2009-Present Phi Beta Kappa Society  
 2011-2017 Oklahoma Psychological Association  
 2011-Present Society for Personality Assessment  
 2011-Present American Psychological Association  
 2012-Present Association for Behavioral and Cognitive Therapies  
 2012-Present Society for Research in Psychopathology  
 2014-Present North American Society for the Study of Personality Disorders  
 2015-Present Association for Research in Personality  
 2017-Present Sigma Xi  
 2018-Present American Association of Suicidology  
 2019-Present Research Society on Alcoholism

**Media Activities**

Interviewed for a story on daily stressors and coping skills, February 27, 2019, <https://www.youtube.com/watch?v=PxAIPhISfQ&list=PLHDgJHKfAB2mF9M1MWyg29ExKFD102y-o&index=164>

Interviewed for a story on Anxiety during back to school and other life transitions, August 27<sup>th</sup>, 2018, <https://www.youtube.com/watch?v=U-hVciMdzIw&list=PLHDgJHKfAB2mF9M1MWyg29ExKFD102y-o&index=253>

Interviewed for a story on Mindfulness and the mindfulness group offered by the MSU Psychology Clinic, May 29, <https://www.youtube.com/watch?v=19pzKirUUGU>